

Emotional or Psychological Abuse



Emotional abuse is when someone says or does things that make you feel

- upset
- scared
- or not good about yourself

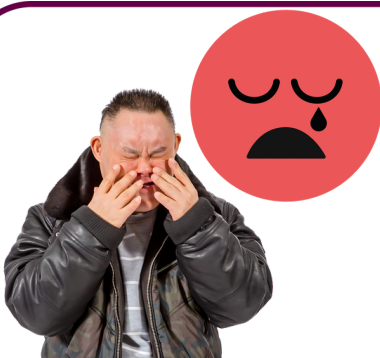


This might include

- shouting at you
- threatening you
- calling you names



Or stopping you from seeing friends and family



It can make people feel

- lonely
- worried
- or very sad



This document was:

- Checked and signed by MacIntyre Advisors
- Made with photosymbols