

The Ring

All the news, entertainment & achievements from MacIntyre



MacIntyre

Providing support...your way



In this issue

Looking ahead to 2018

We reflect on the best parts of 2017 and take a look at what's in store this year.

Get involved

Our 2018 events calendar is ready for you, including the date for the 2018 Milton Keynes Dragon Boat Festival!

Stories from our staff

Our staff understand that it is the little things that make a big impact every day. Read their stories on page 6.

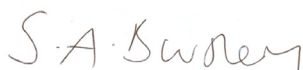
Welcome from Sarah Burslem

I would like to begin this introduction by sharing the news that Marjorie Newton Wright died on 17 January 2018, her 92nd birthday. Marjorie was the wife of Ken Newton Wright and together they founded MacIntyre Care in 1966.

We often talk about the Newton Wright family not only with gratitude for setting up the charity but also with thanks and admiration for their innovative vision and their unrelenting purpose and compassion.

In the 1960s the Newton Wright family fought hard to ensure that their son had access to the very best education and care. Disappointed by the "state provision" the family, including their other children, set about creating a school that delivered alternative and bespoke education, homely and compassionate care and support for children. From this, MacIntyre Care the charity was born. The family's vision for a society that meets the needs and aspirations of all people remains at the core of our current beliefs and their flair for innovation and compassion lives on in all that we do today.

The Marjorie Newton Wright Awards, an annual celebration of workforce talent and achievements, will take on an added dimension this year. It is fitting that as we celebrate the innovative practice, the dedication and achievements of the MacIntyre workforce, we will be joined by the son, daughters and grandchildren of Ken and Marjorie Newton Wright and we will be entertained by a group of dancers directed by Marjorie and Ken's granddaughter. I am confident that the family will hear and see examples of great practice and will recognise the legacy of their family and I hope they will be as proud as I am of all of our achievements.



Sarah Burslem, Chief Executive



Contents

2017 in review.....	3
Latest news.....	4
Our Dementia Project.....	5
Stories from our staff.....	6
The MacIntyre Checkers....	8
Dragon Boat Festival.....	9
Thank you.....	10
Dates for your diary.....	10
Long Service Awards.....	11
Have you made a will?.....	11
MacIntyre Lottery.....	12



Contact the Editor:

Rhea Cairns

rhea.cairns@macintyrecharity.org



MacIntyre

Providing support...your way

602 South Seventh Street
Milton Keynes

Buckinghamshire MK9 2JA

Tel: 01908 230100

Fax: 01908 695643

www.macintyrecharity.org

Registered Charity No. 250840

General Data Protection Regulations

You may be aware that a new regulation comes into force in May called General Data Protection Regulation, also known as GDPR. Based on the information we have received to date, our intention is that we will continue to send you this quarterly newsletter – and very much hope that you wish to continue to receive it – but we wanted to remind you that you are able to unsubscribe at any time by contacting us through any of the following methods:

Email: hello@macintyrecharity.org Phone: 01908 230100

Post: complete and return the tear off slip on the back cover and return to the Freepost address provided.

Our Vision

For all people with a learning disability to live a life that makes sense to them.

Our Mission

We will support a sense of wellbeing through a celebration of each person's unique gifts, talents and contributions, the quality of our relationships and ensuring the promotion of real opportunities to connect with others.



hello@macintyrecharity.org



youtube.com/providingsupport



@meetmacintyre



facebook.com/MacIntyreCharity1



linkedin.com/company/macintyre



@meetmacintyre



Registered with
**FUNDRAISING
REGULATOR**



2017 in review

Every year is a busy year at MacIntyre, but 2017 was a particularly big year for us as we saw our Dementia Project grow, joined forces with lots of other organisations in the sector, won awards and the people we support achieved their goals.

January: we teamed up with Healthwatch Derbyshire to launch a pilot programme involving the MacIntyre Reps on Board. We were also part of a report released by VODG (Voluntary Organisations Disability Group) calling for the needs of people with learning disabilities and dementia to be better addressed with help from our Dementia Project Assistants and Self-Advocates Rachel and Rosie.

February: representatives from MacIntyre took part in the Learning Disability England (LDE) Supported Housing Consultation to talk about the approach to social care funding problems for people with a learning disability. Our staff also participated in an Autism Development Day where we were joined by guest speaker Sarah Hendrickx.

March: we welcomed our Specialist Health Advisor and Dementia Project Manager Sarah Ormston and celebrated the success of our staff in the annual Marjorie Newton Wright awards. We announced that we had renewed our BSI Accreditation for the 12th consecutive year.

April: we became the Milton Keynes Chamber of Commerce's Charity of the Year, cheered on our incredible London Marathon runners and hosted our annual Charity Golf Day. Another part of the Channel 4 series 'No Go Britain' was also aired, in which Sui-Ling, who we support in Milton Keynes, talked about the right for people with a learning disability to be in a relationship.

May: we supported our Milton Keynes Marathon runners and shared good practice as part of Dementia Awareness Week. Two people we support, Vicky and Tomm, were Highly Commended in the 2017 BILD Positive Behaviour Support Leadership Awards.



June: we shared stories during Shared Lives Week and talked about what good care means to us as part of Hertfordshire Good Care Week. Our Dementia Project team reached the finals of the Learning Disability and Autism Awards and joined the Dementia Action Alliance roundtable on learning disability and dementia. We also explored the Peak District in the annual Big Hike.



July: our Memory Café in Warrington celebrated its first birthday and our School in Wingrave achieved a 'Good' Ofsted rating. We also joined the ARC England Community and showed support for Quality Matters.

August: two of our Duke of Edinburgh groups completed their expeditions. We also told you about some of our 'Good' CQC ratings for Darley Cottage in Chester and Monro Avenue in Milton Keynes.

September: we launched Great Communities, a Community Innovation project in partnership with Community Catalysts, welcomed our corporate partner, MK Thunder, and were involved in the creation of a new VODG resource to improve support to people with a learning disability or autism to participate in medication reviews.

October: we celebrated the news of having six members of staff from MacIntyre in the Great British Care Awards Regional finals. We launched our Shared Lives scheme in Central Bedfordshire and showed what Intensive Interaction looks like in practice during Intensive Interaction Week.

November: our Dementia Project team attended UK Dementia Congress and hosted a learning disability and dementia daylong stream. They also won Outstanding Dementia Care Innovation at the Dementia Care Awards. One of our Duke of Edinburgh Award groups from our Lifelong Learning provision in Warrington achieved their Gold Award and travelled to St James's Palace in London. Oh, and not forgetting our North Roadshow in Warrington!

December: we had a great time at our South Roadshow in Towcester. We then got into the Christmas spirit and held numerous Christmas fairs across the country. We took part in UK Charity Week and hosted sessions at the LDE Conference: the Challenge of Change.



What will happen this year? Tweet us your predictions



@meetmacintyre or join in the discussion on Facebook



Our latest news

A 'Good' CQC rating for The Cherries

The Cherries, one of our residential services in Buckinghamshire supporting 7 people with learning disabilities, was rated 'Good' by CQC following an inspection at the end of 2017.

The report was full of praise for staff and how the people supported at The Cherries were provided with care, choice and control of their lives. It said:

"People were supported to have maximum choice and control of their lives and staff support them in the least restrictive way possible. There was a clear culture among the staff to support people to achieve their potential and live the life they choose without barriers."



compliance.team@macintyrecharity.org



LDE Conference: The Challenge of Change

We were pleased to have both Natalie Macpherson, our Development Director and Donald, a Support Officer from our Central Office in Milton Keynes, speak as part of a session on 'Creating Communities' at Learning Disability England's (LDE) Annual Conference at the end of last year. Donald's inspirational story had a big impact on the audience. One blogger wrote:

"Donald described himself as a man with learning difficulties and then taught us a lesson. He found himself some years ago with no friends and eaten up with loneliness. He turned things around with support at work where they might just put an arm around him and tell him it will be ok on a bad day. Unexpectedly, at the old folks home he found a new passion. He was persuaded to join in a pamper session and loved the experience so much he now wants to train as a nail technician. I can't help feeling that not only has Donald's life improved but so has the lives of all the people that know him."

We are extremely proud of Donald for being such an inspirational speaker.

Nominate now for the Marjorie Newton Wright Awards

Families of the people we support can nominate our staff for a Marjorie Newton Wright Award. It is a chance to recognise that MacIntyre would not be what it is today without the people behind it, recognising that, even when times are hard, our staff and team still go above and beyond. *Contact the email address below for a nomination form.*



newtonwright.award@macintyrecharity.org

Staying in touch with MacIntyre Academies

The strapline for MacIntyre Academies is "Putting children and families first" – a founding component that has shaped the ethos across all of our schools. As well as our dedicated Family Footings Facilitators in all schools, the whole staff team is committed to creative finding ways to involve parents and carers. The end of the year gave each of our schools plenty of opportunity to welcome families and friends and celebrate the achievements of the pupils.



www.macintyreacademies.org



[macintyreacademiestrust](https://www.facebook.com/macintyreacademiestrust)



[@MATEndeavour_ac](https://twitter.com/MATEndeavour_ac) [@MATDiscovery_ac](https://twitter.com/MATDiscovery_ac) [@MATQuest_ac](https://twitter.com/MATQuest_ac) [@Macintyre_ac](https://twitter.com/Macintyre_ac)

Milton Keynes Dragon Boat Festival 2018

Did you know that MacIntyre is the 2018 Milton Keynes Dragon Boat Festival charity? We're looking for teams to take part and have fun! Turn to page 9 to find out how to get involved.



events@macintyrecharity.org

Good luck our Great British Care Awards National finalists!

The National finals of the Great British Care Awards take place in March and we can't wait for the results. Good luck to Will Black, Tina Dutton, Jess Brookes and the Haddons staff team who are all representing MacIntyre in the finals. We're very proud of all of you!

A spotlight on...

The MacIntyre Dementia Project

Rosie and Rachel: the new MacIntyre Dementia Project Assistants



Rosie and Rachel have been working alongside our Dementia Project team since the beginning as Experts by Experience. Together, they have spoken at events, put together presentations and worked hard to raise awareness of the project.

Now we extend huge congratulations to both Rosie and Rachel as they have accepted their new roles at Dementia Project Assistants. Rosie and Rachel will now work set hours with the project team, reviewing Easy Read materials and helping to prepare new resources.

Rosie said: "I thought this would never happen and it has. I am looking forward to working with the Dementia Project team and starting to compile the work that we have planned."

Rachel added: "I love it, I feel so talented and I am excited to work at the side of the project team."



Send your congratulations to Rosie and Rachel on Twitter: @DementiaLD

Wellbeing for Life: new resources coming soon

The Wellbeing for Life Toolkit brings together a range of resources to promote awareness and understanding about getting older with a learning disability and living well with dementia. It reflects the realities and experiences faced by people with a learning disability who have dementia or are at risk of dementia and adopts a broad approach to enable health and social care staff to support people with a learning disability to live well. After being trialled and tested in selected areas of MacIntyre, Milton Keynes, Bedfordshire and Warrington, the toolkit will be made available for all MacIntyre services from April 2018.

What does this mean?

"We are so excited to give all MacIntyre staff access to the Wellbeing for Life Toolkit. The feedback we have received so far has been fantastic so we're confident the wide variety of resources will help our staff develop their skills and knowledge of supporting people with a learning disability to live well with dementia."

- Sarah Ormston, MacIntyre Dementia Project Manager

Are you a Dementia Friend?

We are delighted that the Dementia Friends learning disability resources that we have been working on in partnership with the Alzheimer's Society are now available for Dementia Friends Champions to view and download on the Dementia Friends Champion Dashboard.

The information session resources were created with adults with learning disabilities in mind. The materials were reviewed and developed following input from Dementia Friends Champions, people with learning disabilities, the Alzheimer's Society and MacIntyre, including the MacIntyre Checkers. The resources enable alternative Dementia Friends sessions to be delivered which may be more appropriate to people with learning disabilities and includes a range of options so each session can be tailored to meet the needs of the people in attendance.



nicola.payne@macintyrecharity.org



The Toolkit covers several topics that are organised into six themes:

- Theme one: Fit for the Future
- Theme two: Person Centred Approaches
- Theme three: Health and Wellbeing
- Theme four: Good Support
- Theme five: The Dementia Pathway
- Theme six: End of Life Care

Each theme contains various resources, such as:

- E-learning modules
- MacIntyre documents for staff
- Easy Read information
- Further reading
- Films
- Booklets
- Case studies
- Posters



dementia.project@macintyrecharity.org

Stories from our staff

Our staff work alongside the people we support every day to help them live a life that makes sense to them. Whether that is learning a new skill, becoming more independent, or helping someone to take one step at a time to achieve their goals, our staff understand that it is the little things that make a big impact every day. Here are some of their stories...

Independent living

Merle, Area Manager, Leicester

Robin was introduced to MacIntyre in June 2014 and has since received regular support from the Leicester Outreach Service. From the outset Robin's personal goal was clear: he wanted to move out of his family home, just as his brother had done. This vision was shared and supported by his family and by MacIntyre staff.

Robin, his family and MacIntyre have worked closely as a united team. This, alongside Robin's determination to develop his skills and confidence in making his dream a reality, means that just four years on the date was set and it was time for Robin to pack his cases and belongings.

Robin's new chapter with MacIntyre started in January. A week after moving in, Robin was joined by his housemate, Adam. Since their introduction 12 months ago, they have met up every few weeks which has seen the two men form a friendship with not just each other, but with their Supported Living staff team.

Robin and Adam have both moved away from the comforts and familiarity of their family home; a daunting time for many, but for these two young men, they are taking it in their usual laid back manner and are enjoying the excitement their new home, and the rest of the year, will bring.

"After a few false starts Robin's anxiety grew through apprehension of the inevitable move even though it was only next door. Most of us don't relish change and it was huge for Robin, however we have to say Robin and Adam are both stars and have settled in quickly. We are really proud of how he has taken the whole experience on board with the help of MacIntyre staff and how Adam has slotted into his new way of life. We wish them both a happy life in their new home."

- Steve, Robin's Dad

Reflecting on 2017 and making plans for 2018



It's that time of year again where we look back and reflect on what we achieved last year and look forward to the year ahead and what it has to bring.

Together, both staff and the people we support have created a Memory Wall, which is made up of lots of wonderful photos of activities and outcomes that the people we support have taken part in or achieved throughout 2017. This wall is a fantastic tool for communication and as it is displayed next to the dining table, it makes great conversation over meal times.

I often see the people we support having a look at the pictures, remembering fun times or deep in thought over specific events. We set up the Memory Wall in 2016 and it worked so well that we have updated it to help us reflect on 2017.

The wall also helps us support everyone to plan new goals to work towards during 2018. Recently there have been various conversations during 1:1 link worker meetings to find out what people would like to achieve this year. There are similar activities people want to continue with, for example: Kevin wants to continue with his jobs in the village, Rowland wants to have a summer holiday. But there are also new goals: Mark loved his helicopter ride last year, so staff have supported him to get a passport and this year he will take to the sky in a "big" plane for a holiday to Jersey.

This is my favourite time of year, looking back on all the great achievements and memories we made last year and planning ahead to create even better memories this year!

Caroline, Frontline Manager, Flackwell Heath

Shaping Up

Georgia, Support Practitioner, Essex

This is a story of achievement; a story of how, when you put your mind to it, you can achieve your goals and make positive changes in your life.

At the end of August last year, Sheila had a medical professional advise her that she needed to lose a bit of weight and recommended starting the NHS Weight Management programme.

Sheila attended her first group in August. After 13 weeks of following a healthy eating plan - filling in her food diary that the programme provided her and doing more exercise - Sheila lost a staggering 1st 4lb! Sheila attended the group every Wednesday evening for 13 weeks where she discussed what she had ate in the week and was weighed by friendly professionals.

Every couple of weeks there was a target for Sheila with a small prize to win as an incentive. Sheila very proudly won a keyring from the program after successfully losing her target of 5% body weight and then won a healthy eating plate after completing the 13 week programme.

Due to Sheila's mobility difficulties exercise can sometime prove to be challenging for her, however Sheila made a conscious effort to walk a lap of her front garden every day whilst using her frame. Sheila has done such an amazing job to achieve this weight loss and healthier lifestyle and we are all so proud of her.



MacIntyre School Competent Practitioners in Intensive Interaction

We are so proud of the staff of MacIntyre School for exceeding their target for the amount of Intensive Interaction Competent Practitioners within the staff team. The School's target for 2017 was to have 12 staff signed off as Competent Practitioners, which was exceeded as 13 staff completed the programme. The new year and new school term was started extremely positively with 14 Competent Practitioners, making the team nearly halfway towards their target of having 30 Competent Practitioners by the end of 2018. Well done to everyone!



Kate, Senior Learning Support Assistant, MacIntyre School

Focusing on the future

Suzy, Community Learning Facilitator, No Limits Oxfordshire

Lucy is 17 and has been out of mainstream education since she was 12. She has been receiving support from No Limits Oxfordshire in her home for the last academic year. Lucy has many reasons for not attending school. She has struggled with extreme bullying and has anorexia, dyslexia and hyper mobility. She is also on the Autistic Spectrum. She only feels safe at home as that is the only place she can control some of the things that terrify her.

Lucy is very keen to gain an English GCSE with an ambition to eventually work with animals. In order to help her progress next year, we asked Lucy to visit the No Limits MAP College building. We knew this would be a huge challenge for her, but our hope was that she would be able to focus on the success.

Lucy arrived with her mum and sister for moral support, but immediately felt unable to get out of her car. Over a period of 30 minutes we moved closer to the building one step at a time, using continuous conversation about all sorts of things to keep Lucy moving. We did not talk about how far we had walked or how far was still to go, but tried to focus Lucy away from her anxiety about the task. Once we reached the building, I explained what she would find on the other side of the door. We had ensured that there were no other people in the corridor and the route to our meeting room was clear. We waited until she was ready and then she was able to enter the building and walk into the meeting room.

After a rest, Lucy was able to talk and, with the help of her mum, she was able to tell us how she felt and explain her hopes for next year. She asked to see our sensory room and spent over half an hour exploring the room. She used the controls for the lights and touched the sensory materials, enjoying the feeling of the weighted blanket. The most amazing thing was that she was able to relax and really enjoy the space and was curious to discover more, despite her anxiety. She was very proud of herself and we hope that this success will carry her forward to next year and beyond.

A spotlight on...

The MacIntyre Checkers

Who are the Checkers?

The MacIntyre Checkers have an important role in ensuring the Easy Read documents that are shared across MacIntyre are fit for purpose and follow our guidelines.

They have individual objectives ranging from meeting and greeting visitors, giving a presentation on their work, helping one another with reading, good time keeping and being professional. The group took part in Health and Safety and signing training in 2017 as part of further developing their wider skills.

The group are proud to be MacIntyre employees and have all grown in confidence since starting work.



But don't just take our word for it, let the Checkers tell you for themselves what is important to them...

Natalie W: I love being a Checker, it's really important to me to be able to help people to learn and understand Easy Read.

Helen: It's very important to me to stay fit and healthy and I love being a Checker so that I can help people to understand Easy Read.

Andrea: I'm really proud of finishing the Duke of Edinburgh Award and getting the Gold award. Having a job with the Checkers and having money is important to me and makes me really happy.

Katie: Taking part in the Duke of Edinburgh Award is important to me, I've finished my Bronze award and soon I will start the Silver award.

Elizabeth: I have a target to sign everyone in at the Checkers meetings and it's really important to me that I always do that. I also took part in MacIntyre's Got Talent and I got a certificate and showing everyone made me really proud.

Natalie S: Clothes and shopping are important to me and I love going shopping with my sisters. It's important to me that I spent lots of time with my friends and family.

Oliver: Being busy and organised is important to me, I do a lot of things and I like doing all of them. I'm proud of getting the Duke of Edinburgh Gold award and I like getting paid and trying to make things better for people by giving to charity or helping my family.

Vicky: Family is important to me and spending lots of time with them. I carry out Expert by Experience Audits which I enjoy doing.

Gwenne, MacIntyre's Facilitation Advisor who works alongside the Checkers, said: *"I'm immensely proud of the work the Checkers do. Their contribution to us meeting the Accessible Information Standard and MacIntyre's Accessible Information and Communication Policy is important and valued."*



gwenne.mcfadzean@macintyrecharity.org



Get your team together...

We are the 2018 Milton Keynes Dragon Boat Festival Charity!

The Dragon Boat Festival, organised by Gable Events and supported by **MKFM** and **Business MK**, attracts more than 50 companies annually and this year the teams will be invited to raise funds for MacIntyre.

The sponsorship raised by the participating teams will make a significant contribution to the lives of the people we support in Milton Keynes.

ENTRY IS NOW OPEN!

We are inviting companies, clubs and organisations from across the region to get their teams together to take part. Enhanced **Gold and Silver entry packages** are available which include marketing benefits such as your company's logo on each side of a dragon boat as well as a significant donation to MacIntyre.

The top fundraisers for MacIntyre will win the Charity trophy plus a special prize meal, **sponsored by Merinvest**, at the highly rated **Melis Restaurant** in Central Milton Keynes.

No previous experience is required, just plenty of team spirit and enthusiasm! The dragon boats, qualified helms and all racing equipment are provided and each crew is guaranteed a minimum of three races. There will also be a variety of bankside entertainment to enjoy such as funfair rides, children's activities and food stalls.

What's next? For further information and an entry form visit the official website:

 www.dragonboatfestivals.co.uk/miltonkeynes  or call our Fundraising team on 01908 230100.



Support our 2018 **London Marathon** runners

We have five incredible runners taking part in the London Marathon for us this year. A huge thank you to all of our runners, we wish you all lots of luck in the run up to the marathon and on the day itself.

Runner One: Ian Rowlands

Fundraising target: £1,750

www.virginmoneygiving.com/IanRowlands1

Runner Two: Joanne Lackenby

Fundraising target: £2,000

www.virginmoneygiving.com/joannelackenby

Runner Three: Stewart Proctor

Fundraising target: £2,000

www.virginmoneygiving.com/StewartProctor1

Runner Four: Barbara Hart

Fundraising target: £1,750

www.virginmoneygiving.com/BarbaraHart1

Runner Five: Steven Cherry

Fundraising target: £1,750

www.virginmoneygiving.com/StevenCherry1



Questions: events@macintyrecharity.org



Show your support: [@meetmacintyre](https://twitter.com/meetmacintyre)

Thank you

Our local teams across MacIntyre have been busy organising lots of different events and challenges to raise money for services, projects and areas. The support we have received at each event has been incredible, so we would like to say a huge thank you to everyone who got involved, came along and cheered us on.

MacIntyre Christmas fair in Woburn

Over 500 of you came to our Christmas fair in Woburn. We were delighted to raise an amazing **£1,133** which will go to our services in Milton Keynes.



Jumpathon in Leicester

We were overwhelmed by the support the team in Leicester received throughout the day of their Jumpathon. The team had set themselves the challenge of jumping for 11 hours on a trampoline and raised **£396** through sponsorship and generous donations. The funds being raised will be put towards a specially adapted bike for the people we support to use for accessible exercise.

MacIntyre Christmas fair in Holmewood, Chesterfield

Our Holmewood Christmas fair was a busy day full of festive fun! Thanks to the generosity of those who came along, we raised **£487** which will be donated to our local services.



MacIntyre Christmas fair in Warrington


Everyone who attended the Christmas fair in Warrington enjoyed the wide variety of stalls and had lots of festive fun. Over **£200** was raised which will be donated to services, projects and activities in Warrington.

We would also like to thank...

Tony Treciokas for raising money for MacIntyre by taking part in Movember.

Pam Hall, our Head of Operations (South West), for raising **£310** by taking part in the Great South Run.

Chay Stompers line dancing group for donating **£365** to MacIntyre. The funds were used towards the annual Christmas party for the people we support, family and friends in West Cheshire.

Everyone who purchased our Christmas cards. It might be January, but you can buy your 2018 Christmas cards early and get four packs for just £5. Contact us to buy yours:  events@macintyrecharity.org

Dates for your diary

April 2018

22 April: London Marathon

26 April: Golf Day, Woburn Golf Club


June 2018

17 June: Spinnaker Tower Abseil, Portsmouth

18 – 22 June: Time for Tea Week

23 June: Milton Keynes Dragon Boat Festival

24 June: Macfest, MacIntyre School, Wingrave

Fancy getting involved and supporting MacIntyre? Add these dates to your diary! If you have an idea for a fundraising event, get in touch:  events@macintyrecharity.org

May 2018

7 May: Milton Keynes Marathon



Congratulations to our Long Service Achievers!

3 years

Adele Baker
Aled Jones
Alexandra Wallis
Alison Thomas
Caroline Watsham
Ese Buwa
Godwin Izedonmwun
Helen Lowery
Jill Gregory
Lee Duggan
Margaret Stubbs
Michael Cooper
Natalie Tustain
Remmie Dutton

5 years

Amber Lewis
Louise Mitchelmore
Mark Rogers
Sarah Nicholson
Slawomir Pusz
Stuart Murphy

10 years

Helen Walker
Jessica Norris
Jon Palin
Lesley Mackinder
Patricia Bushby
Patricia Campbell
Reinhilde Major
Richard Coe

20 years

Lisa Roberts
Ruth Simpson

15 years

Ann Robson
Helen Errigadoo
Helen Robins
Jacqueline Hardy
Natalie Kitcher
Renee Stewart
Tara Moore

25 years

Helen Storr



Have you made a will?

The only way to be sure your wishes are met, and that your loved ones and the causes you care about are looked after is to make a will. It's never too early, and it's easy to make changes to your will to reflect your changing circumstances.

If you have a family member who has a disability it's critical to take legal advice when preparing your will to ensure the interests of all the family, including the disabled person, are taken into account. A direct gift to someone in our care may result in the loss of valuable means tested benefits. The person concerned can end up in a worse position than if the gift had never been made – which will be the last thing you want.

We have some literature available and are planning to host events in different areas this year to provide more information about making a will if you have a loved one who is supported by MacIntyre. For more information please contact Claire Kennedy, Head of Fundraising.



claire.kennedy@macintyrecharity.org



01908 230100



giftaid it

Increase the value of all your donations for the last 4 years by 25% by filling in this Gift Aid declaration which allows us to claim back all the tax at no extra cost to you!

☐

I am a UK taxpayer and want MacIntyre to treat all donations I have made for the last 4 years and all future donations as Gift Aid donations

Signature _____ Date _____

Name _____

Address _____

_____ Postcode _____

You must pay income tax or capital gains tax at equal to the tax reclaimed from the HM Revenue & Customs by MacIntyre in the tax year.

Please send your completed form to:
MacIntyre, FREEPOST RLXH-YZTA-ZGYB
602 South Seventh Street, Milton Keynes MK9 2JA

LOTTERY

Latest winning numbers

October

First prize of £500: 60

Second prizes of £50: 81, 224

Third prizes of £25: 339, 362, 206, 302

November

First prize of £500: 306

Second prizes of £50: 234, 165

Third prizes of £25: 480, 192, 360, 135

December

First prize of £500: 159

Second prizes of £50: 175, 382

Third prizes of £25: 430, 128, 398, 155

Not signed up yet?

The MacIntyre Lottery costs just £5 a month per number. You can play as many numbers as you wish.

Every penny raised from the MacIntyre Lottery goes directly to benefit the people we support. You can even nominate your favourite service to receive your donations.

We look forward to hearing from you!

Contact: Claire Kennedy

Tel: 01908 357012

Email: fund@macintyrecharity.org

All winners will be contacted directly by the Fundraising Team. All winning numbers are published here in each issue of The Ring and on MacIntyre's website.

The MacIntyre Lottery is licensed by the Gambling Commission under the Gambling Act 2005. MacIntyre is committed to responsible gambling. It is an offence to gamble under the age of 16.



MacIntyre

Providing support...your way

Please send me more information about:

- ☐ MacIntyre Lottery
- ☐ Making a regular gift
- ☐ Fundraising events
- ☐ Fundraising ideas
- ☐ Volunteering
- ☐ Leaving a lasting gift
- ☐ Other (please specify)
- ☐ Please do not send me any further correspondence

I want to help make a difference to the lives of the children, young people and adults supported by MacIntyre

- ☐ I enclose my gift of.....
- ☐ I enclose my cheque made payable to MacIntyre
- ☐ I have completed the Gift Aid Declaration overleaf

Name _____

Address _____

Postcode _____

Telephone _____

Email _____

Please send your completed form to: MacIntyre, FREEPOST RLXH-YZTA-ZGYB
602 South Seventh Street, Milton Keynes MK9 2JA