

THE Ring

ISSUE ONE - 2019

All the news and achievements
from MacIntyre



MacIntyre

Providing support...your way



IN THIS ISSUE:

OUR LATEST NEWS

With a brand new look for The Ring, a fantastic fundraising total and a new Director of Adult Services, it has been a busy start to the year.

A SPOTLIGHT ON...ACHIEVING GOALS

From completing the Silver Duke of Edinburgh Award, to gaining more independence, people we support have been enjoying achieving their goals.

"WHAT MACINTYRE MEANS TO ME..."

What does MacIntyre mean to Kate and Donald?

www.macintyrecharity.org

Welcome

from Sarah Burslem

Welcome to the first edition of The Ring 2019. January has been a busy month, as we prepare the ground for another innovative and ambitious year.

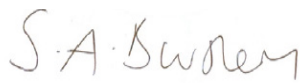
The current economic and political landscape has the potential to impact on the size and shape of education and social care provision, that is commissioned by local authorities and CCGs in England and Wales. In such times and as a charity, we must push ourselves further to ensure that our practice is the very best that it can be.

We must ensure we reach out to more disabled children, adults and their families, providing education and care, in ways that are as alternative as they need to be to meet a person's needs. We intend to do this by meeting our contractual responsibilities to the very highest standards and by investing our charitable funds, to add as much additional value to the lives of disabled people, their families and communities as possible.

With full support and guidance from our Trustee Board, we have set out how we will retain a momentum, to further improve the quality of our practice in areas such as dementia, health, autism and positive behaviour support.

We will also continue to grow the number of children and adults that we connect with. This is an ambitious agenda for the year and one that will be better served if we plan, design and deliver alongside disabled people and their families.

To this end, we are in the process of recruiting to a number of new posts, adding further still to the richness of our current workforce. This really has been a great start to an ambitious year and can I take this opportunity to, once again, thank all of our supporters.



Sarah Burslem, Chief Executive.



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Have a story to share?

Do you have a story to share about someone supported by MacIntyre? Perhaps someone we support has achieved one of their goals, grown in confidence, or dared to try something new?

If so, we would love to hear from you.

Contact the Editor:

Heidi Warnes

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Our Vision

For all people with a learning disability to live a life that makes sense to them.

Our Mission

We will support a sense of wellbeing through a celebration of each person's unique gifts, talents and contributions, the quality of our relationships and ensuring the promotion of real opportunities to connect with others.

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Our latest news

New year, new look for The Ring

Following the launch of our brand new website in May, you may have noticed that we've launched a brand new look for The Ring.

The MacIntyre Marketing Team is always looking for feedback, so if you have any thoughts on our new look, you can share them via marketing@macintyrecharity.org.



Welcoming Betsy Gratton

At the beginning of the year, we welcomed our second Director of Adult Services to MacIntyre, Betsy Gratton.

"I've spent a long time looking for an organisation which shared my values and then the opportunity at MacIntyre arose. I'm excited that there are a number of areas where MacIntyre wishes to develop its expertise and I'm really looking forward to being part of that journey."

Rotary raise £14,000

Following a fantastic year of fundraising, The Wolverton & Stony Rotary Club have raised an incredible £14,000 for MacIntyre.

Jim Barnes from Wolverton & Stony Rotary Club said:

"We are delighted to have exceeded our fundraising target and have presented MacIntyre with a cheque for £14,000, which will enable the renovation of the coffee shop in Stony Stratford to go ahead this February."

Claire Kennedy, Head of Fundraising at MacIntyre added:

"We have loved working alongside the Club to raise these funds; it has been a real partnership and we recognise just how lucky we were to be chosen and to have been able to draw on the particular skills of club members, with a special mention for Jim Barnes who has been the driving force."

MacIntyre's Coffee Shops offer work and learning opportunities for adults with learning disabilities as well as fabulous fresh food at competitive prices. The Stony Stratford Coffee Shop has been long overdue a refit and we are delighted that this work can now take place."



Around MacIntyre...

What have the people we support, our staff, families and specialist teams been up to across the country? Find out...

Jaydon's start with No Limits

Since joining MacIntyre No Limits back in September, Jaydon has made brand new friends, learned to enjoy prepping meals through the 'Cook & Eat' sessions and has developed a love for music.

Community Learning Facilitator Laura Bowkett said:

"We've been on lots of adventures since Jaydon started at No Limits, including seeing animals, watching trains, making things and visiting new places. It's such a delight to see how much he enjoys himself with us. His smile proves that. I'm really so proud of him and how far he's come since day one."



It's such a delight to see how much he enjoys himself with us!



'Rocking' around Swanwick

Learners at MacIntyre's Swanwick Lifelong Learning Centre in Derbyshire have been painting and hiding rocks in their local community for people to find.

The rocks, which have been painted with a purple 'M' for MacIntyre, have encouraged the people we support to engage with their local community; even inspiring a visit to Mary Swanwick Primary and Nursery School.

Michelle Wilkinson, Frontline Manager at MacIntyre said:

"We have hidden the rocks in the local community, close to our local school. The children have to find a rock bring it into our centre and collect a prize. We can't wait to see who finds the first rocks. Happy hunting!"

New Courtyard for MacIntyre School

In December, we were thrilled to celebrate the official opening of MacIntyre School's brand new courtyard, during the school's Christmas Fayre.

The courtyard has had a makeover, complete with a climbing frame to be enjoyed by the students. The construction of the courtyard was made possible by the fundraising efforts of several of our fantastic supporters, including The MacIntyre Golf Committee.

To officially open the courtyard, MacIntyre School's Principal Fiona Veitch welcomed **Chairman of the MacIntyre Golf Committee, Jim McCook**, to conduct the ceremony.

Thanks to the kindness of our supporters, the students at MacIntyre School will be able to enjoy this space for years to come.





Shared Lives on BBC Radio Essex

Last month, **Emma and her MacIntyre Shared Lives carer Lynette** introduced BBC Radio Essex's Sadie Nine to MacIntyre's Shared Lives.

Speaking to radio host Sadie Nine on BBC Radio Essex's 'Sadie Nine at Nine', **Lynette**, who has supported Emma through Shared Lives for six years said:

"The best thing about working with Shared Lives is feeling rewarded and being part of the young adult's journey, where I'm able to help them improve and be more independent."

Training with the Thames Valley Police

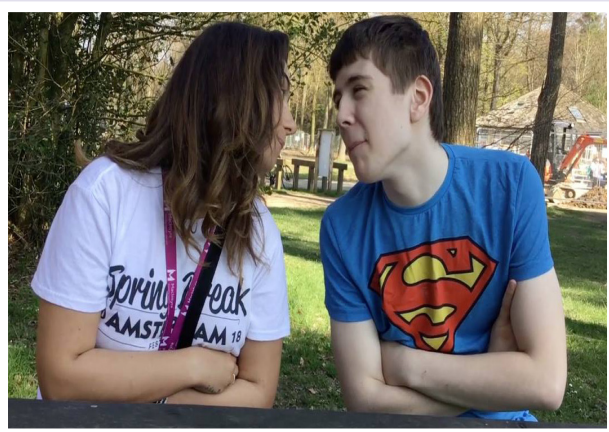
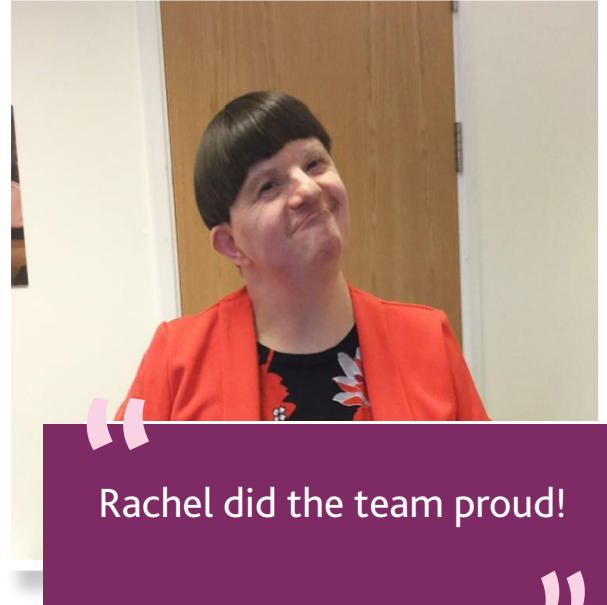
MacIntyre's Health and Dementia Team spent the afternoon with the Thames Valley Police, discussing learning disabilities and dementia.

Health, Dementia and Wellbeing Assistant Rachel Silver proudly shared her story with the team.

Speaking about the training **Health, Dementia and Wellbeing Manager Sarah Ormston** said:

"Rachel did the team proud, and spoke so passionately about her and Alison's journey."

You can find out more about Rachel and Alison's story on our website.



Reaching 30 Competent Practitioners

In December, MacIntyre School achieved its target of 30 'Competent Practitioners' of Intensive Interaction.

Intensive Interaction is an approach to teaching early communication and interaction skills to people who do not find communication easy. It aims to teach the basic 'Fundamentals of Communication' such as turn taking, sharing personal space, using and understanding eye contact, facial expressions and physical contact.

Becoming a 'Competent Practitioner' in Intensive Interaction requires children, young people and adults involved to be engaged in Intensive Interaction in a natural way and is achieved through a variety of tutoring methods and evaluations.

Reflecting on this achievement, **Kate Webb, Intensive Interaction Mentor at MacIntyre School** said:

"At the beginning of last year, we started with 13 'Competent Practitioners' (having exceeded our target of 12) and our target for the year was 30. Did we achieve it? Of course, we did! It is truly heartwarming to see such wonderful interactions. These skills will take our students forward in life in a positive and meaningful way."

As a result of this achievement, MacIntyre School has been 'signed off' by the Institute of Intensive Interaction. Congratulations to all of our Competent Practitioners.



Working with friends

Travelling with friends is far better than travelling alone. For Iain and Guy this was certainly the case.

Whilst Iain had been gaining independence by travelling to work alone, he expressed an interest in travelling with a friend.

After being supported by staff to learn the new bus timetable, Iain has now started travelling to work with Guy, who is also supported by MacIntyre.

They are both now thoroughly enjoying the journey!

A spotlight on... Achieving goals

We believe everyone should have the opportunity to achieve their goals...

Tim's Dream Job

The MacIntyre Checkers are a group of people employed by MacIntyre to assist in the creation and approval of communications that are made accessible to anyone using a MacIntyre service.

In 2018, Tim was thrilled to be offered a position as a MacIntyre Checker!

Well done Tim!



Celebrating Silver

In January, four young people supported by MacIntyre in Warrington celebrated gaining their Silver Duke of Edinburgh Awards.

The group, consisting of Daniel, Katie, Ami, and Michael completed the full award in 18 months with the support of three staff members, Lynn Haughton, Sharon Barlow and Darren Briggs.

Lynn Haughton, Learning Support Worker who supported the group throughout said:

"We are extremely proud of them all."





Big steps for Michael

Last year, Michael took a huge step by achieving his goal of going on holiday.

For 10 years Michael found going on holiday difficult. But last year, for the first time in a decade, Michael bravely decided to visit Norfolk.

Accompanied by staff, Michael stayed in a fantastic accessible barn conversion and had experiences he will never forget. These included visiting Hillside Animal Sanctuary and Cromer Pier. He even saw seals at Horsey Beach.

As a result, Michael is now planning his next trip.

Mikey's first paycheck

For several years, Mikey had been a loyal and hardworking volunteer at his local Waitrose.

As a result of Mikey's commitment and work ethic, Waitrose in Milton Keynes offered him a paid role.

Sarah Lancaster, Frontline Manager at MacIntyre said:

"For years Mikey volunteered at Waitrose in Milton Keynes, but last year they approached him to offer him permanent employment. This week he received his first pay and was very excited."



He received his first pay and was very excited!

Looking ahead with Liam*

When Liam first joined MacIntyre No Limits, he lacked confidence and struggled to communicate with others. But with the help of MacIntyre No Limits, he achieved his goal of permanent employment at a local workshop.

Having developed skills from his grandfather and Bill, a Community Learning Facilitator at MacIntyre; Liam was thrilled to secure a work experience placement at an organic farm. As a result of his hard work at the farm, Liam's confidence began to grow. He was offered permanent employment at the local workshop, but still regularly volunteers at the farm.

Bill, a Community Learning Facilitator at MacIntyre said:

"Liam was quite skilled with his hands but when we first met him, he had a lack of confidence and found praise difficult to accept. We had to work with him, to prove to him he was able to do these things. We spent time with him to get this message across. Now, it's like he is a different person. Doing something he enjoys has given him self worth and proved to him he's honest and reliable."

*Some names have been changed.

What's on in 2019

We've got an exciting year ahead, so make sure to pop these dates into your diary!



5 April 2019

Milton Keynes Fashion Show

Enjoy a glass of fizz on arrival and join us for an evening of retail therapy.

28 April 2019

London Marathon

There is no race in the world that comes close to the London Marathon!

10 May 2019

Chesterfield Fashion Show

New to Chesterfield this year, join us for a fashion filled evening.



17-21 June 2019

Time for Tea

Host your own tea party with friends, family or colleagues this summer.



23 June 2019

Milton Keynes Dragon Boat Festival

Paddles at the ready, it's the 17th Milton Keynes Dragon Boat Festival!



28-29 June 2019

The Autism Show

Access over 100 hours of specialist talks, clinics and workshops.

Want to get involved?

If you would like to learn more about our upcoming events or would like to organise your own event in support of MacIntyre, contact our Fundraising Team or visit www.macintyrecharity.org/events.

Email: events@macintyrecharity.org

Phone: 01908 230100

What does MacIntyre mean to **you**?

MacIntyre means something different to everyone, but what does it mean to Kate and Donald? We found out...

For Kate, joining MacIntyre as a new member of staff has provided her with fantastic new experiences. It also enabled her to spend time with her daughter Sophie, who is supported by us.

"I started working at MacIntyre last year, as a Relief Support Worker in Hampshire. This was my first job in 22 years, as I had been focused on my children. I received full training and the flexible hours allow me to spend time with my daughter, Sophie.

I recently moved to outreach support and I am absolutely loving it. I support people on a one-to-one basis, as well as helping people to meet others in the area, through friendship groups. Within these groups, I support people to take part in fun activities such as bingo, arts and Zumba. It's a real mixed variety and I am thoroughly enjoying it."

- Kate, Relief Support Worker at MacIntyre.



Donald is part of the Great Interactions Team and is the Editor of 'The Mag', a magazine produced for and by the people we support. This is what MacIntyre means to Donald...

"Working at MacIntyre means I can make friends and get the right encouragement. It makes me forget what I can't do and helps me to focus on what I can do.



Working at MacIntyre also means I can go out of my door most mornings, earn a living and be proud of what I've done. It makes me feel special when I do well. It means I get treated like myself and liked for who I am."

"Doing the MacIntyre Memories and Miles walks has made me say 'I am proud of my disability'. Over the last couple of months I have learnt to think differently about myself."

- Donald, Editor of MacIntyre's The Mag.

If you would like to share what MacIntyre means to you, please send your submissions to:

marketing@macintyrecharity.org

Thank you!

We really would not be where we are today without the continued support of each and every one of our fundraisers, Corporate Partners and lifelong supporters.

Wolverton and Stony Rotary Club for raising a fantastic £14,000 to renovate MacIntyre's Stony Stratford Coffee Shop.

Kate Reeve for holding a coffee morning that raised £82 for MacIntyre.

Taylor Wimpey for raising a fantastic £500 for MacIntyre No Limits.

The team at **Cedar Court in Kent** for holding a fabulous Christmas coffee morning.

Wayne Skinner, organiser of The Bolsover Christmas Lights for raising £610.

Miller and Walker for raising £32.21 from their performance in Stony Stratford.

Amphill Lodge Charity Fund whose gift will be used at MacIntyre's houses in Westoning.

Lindsey Humphries who made a donation through Give a Car who dispose of old cars <https://giveacar.co.uk/>

The Bolsover School near Chesterfield, who got involved in MacIntyre's Go Purple Day in 2018.

Activa Contracts who continue to support MacIntyre, most recently making a donation from their office collection tin.

Taylor French in Buckinghamshire who chose MacIntyre to benefit from their corporate golf day.

Stephen Young who made a gift back to MacIntyre following a win on the MacIntyre Lottery.



Your donations really can make a difference! Did you know...

£100 will enable one person to participate in art workshops for two months.

£400 will enable one person to participate in sports and healthy lifestyles activities every week for a year.

£1,000 will enable one young person to go on holiday with a learning disability specialist provider for five days.

Congratulations

...to all our colleagues that celebrated their MacIntyre anniversaries recently!

5 Years

Jodie Bennett Paula Jackson
Lauren Pearce Paulina Onu
Kelly Dakin Verity Allday
Blessing Egbu Jonathan Taylor
Virginia Still Sandra Surplice
Don Arrawwalage
Andrew Parker
Xiaojuan Zou
Andrew Dixon
Debra Harnett
Belinda Bradley
Lauren Bodily
Mark Mcsweeney
Catherine Clifford
Leanne Moreton-Barker
Gregory Chipepo
Richard Hollingsworth

10 Years

Wendy Cook
Margaret Hughes
Rebecca Bidmead
Helen McMahon
Susan Mohamed
Sebastian De Felice
Janet Fletcher
Holly Kay
Omonlegbo Imana
Sonya Cox
Beatrice Mmangisa
Ronald Fahy
Oluranti Bolarinwa

15 Years

Lesley Whaymand
David Kendall

20 Years

Peter Flexney
Pat Caldwell
Amanda Jones
Jacqueline Klippel
Jacqueline Glazebrook

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☐

I am a UK taxpayer and want MacIntyre to treat all donations I have made for the last 4 years and all future donations as Gift Aid donations.

Signature

Date

Name

Address

Postcode

Increase the value of all your donations for the last 4 years by 25% by filling in this Gift Aid declaration which allows use to claim back all the tax at no extra cost to you!

You must pay income tax or capital gains tax at equal to the tax reclaimed from the HM Revenue & Customs by MacIntyre in the tax year. Please send your completed form to:

MacIntyre, FREEPOST RLXH-YZTA-ZGYB
602 South Seventh Street, Milton Keynes MK9 2JA

Lottery

The latest winning numbers

November

First prize of £500: 483

Second prizes of £50: 186 and 261

Third prizes of £25: 146, 193, 491, 113

December

First prize of £500: 395

Second prizes of £50: 207 and 137

Third prizes of £25: 49, 233, 166 and 354

January

First prize of £500: 197

Second prizes of £50: 497 and 422

Third prizes of £25: 282, 17, 369 and 110

Not signed up yet?

The MacIntyre Lottery costs just £5 a month per number. You can play as many numbers as you wish. Every penny raised from the MacIntyre Lottery goes directly to benefit the people we support. You can even nominate your favourite service to receive your donations.

We look forward to hearing from you!

Contact: **Claire Kennedy**

Tel: **01908 357012**

Email: **fund@macintyrecharity.org**

All winners will be contacted directly by the Fundraising Team. All winning numbers are published here in each issue of The Ring and on MacIntyre's website.

The MacIntyre Lottery is licensed by the Gambling Commission under the Gambling Act 2005. MacIntyre is committed to responsible gambling. It is an offence to gamble under the age of 16.



MacIntyre
Providing support...your way

I want to help make a difference to the lives of the children, young people and adults supported by MacIntyre

- ☐ I enclose my gift of.....
- ☐ I enclose my cheque made payable to MacIntyre
- ☐ I have completed the Gift Aid Declaration overleaf

Please send me more information about:

- ☐ MacIntyre Lottery
- ☐ Making a regular gift
- ☐ Fundraising events
- ☐ Fundraising ideas
- ☐ Volunteering
- ☐ Leaving a lasting gift
- ☐ Other (please specify)

Name: _____

Address: _____

Postcode: _____

Telephone: _____

Email: _____

- ☐ Please do not send me further correspondence

Please send your completed form to:
MacIntyre, FREEPOST RLXH-YZTA-ZGYB
602 South Seventh Street, Milton Keynes MK9 2JA