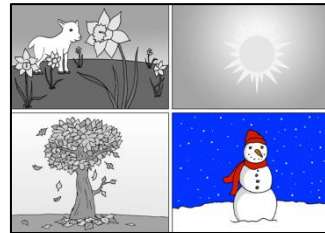


The Mag



MacIntyre
Providing support...your way



Winter 2020



A magazine for and by people who use MacIntyre's services



The Mag Group



Emma Killick



Joe Stewart



Anthony Tull



**Sui-Ling
Tang**



**Mary
Hughes**



**Sharon
Pratt**



**Donald
Delmohamed**

Welcome to The Winter 2020 issue of The Mag.

The artwork on the cover was created by Nikista in Milton Keynes. See more art from around MacIntyre on page ____.

Our Winter Competition can be found on page ____.
Please enter as there is a prize for the winner.

Please read page ____ for the lovely story about how to make soup.

We hope you find reading The Mag interesting.

From Joe our Editor





What's inside



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Around MacIntyre**



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Free signing DVD



Hobbies and Interests



Snakes and ladders by Jonny and Sara in Milton Keynes



We like playing snakes and ladders it is one of my best games I like to play. What you have to do is go up the ladder and down the snake. It is a board game. I can play it with 2,3, or 4 people.

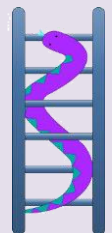
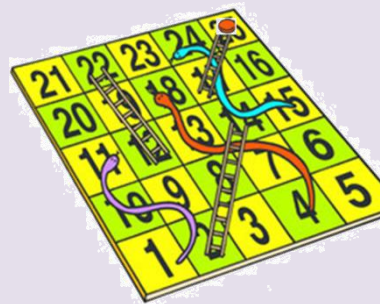


Everyone first of all has to roll a six with a dice and if no one does get a six the nearest to a six goes first.

To play you have to roll a dice and if the dice says 2 you move your counter by 2 spaces.



The winner is the first to reach the end.



Sometimes we like playing with our staff Lisa. It's fun.





Hobbies and Interests

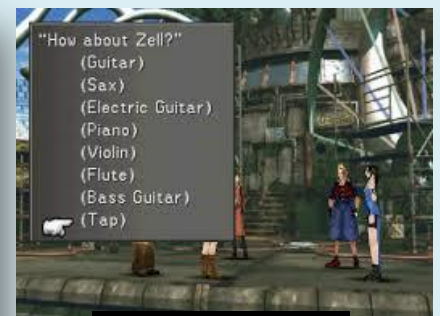


Final Fantasy 8 game review by Joe in Milton Keynes



This game is a role-playing video game developed and published by Square for the PlayStation console. Released in 1999, it is the eighth main instalment in the Final Fantasy series.

Set on an unnamed fantasy world with science fiction elements, the game follows a group of young mercenaries, led by Squall Leonhart, as they are drawn into a conflict sparked by Ultimecia, a sorceress from the future who wishes to compress time.



In game scene

During the quest to defeat Ultimecia, Squall struggles with his role as leader and develops a romance with one of his comrades, Rinoa Heartilly.

The game builds on the visual changes brought to the series by Final Fantasy VII, including the use of 3D graphics and pre-rendered backgrounds, while also departing from many Final Fantasy traditions.





Hobbies and Interests



Final Fantasy 8 Game review (continued)



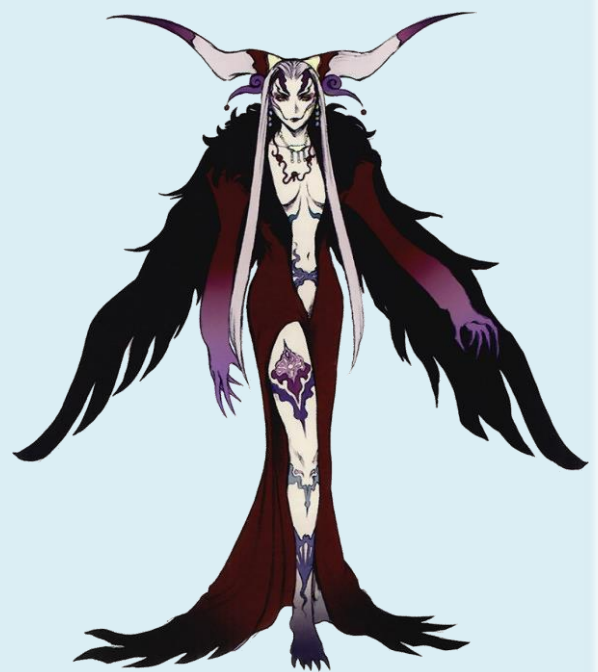
It is the first Final Fantasy to use realistically proportioned characters consistently, feature a vocal piece as its theme music, and forgo the use of magic points for spellcasting. Below is my three favourite characters



Laguna



Seifer



Ultimecia

The Final Fantasy game has been made into a film



I give the game



out of

10

Stars.



Hobbies and Interests



My new hair by Sara in Milton Keynes



I wanted my hair professionally coloured and cut. So me and my staff first went along to the salon to discuss what colour I would like and to have a colour test to make sure I wasn't allergic to the colour.

We then booked a date and my staff supported me to go back to the salon.

I loved the whole experience. I had a head massage and I liked being pampered for the time we were there.

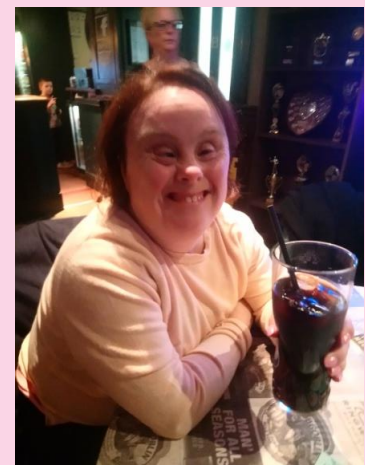
I was so pleased with the final result. The photos show a before, during and after.



Before



During



After





Hobbies and Interests

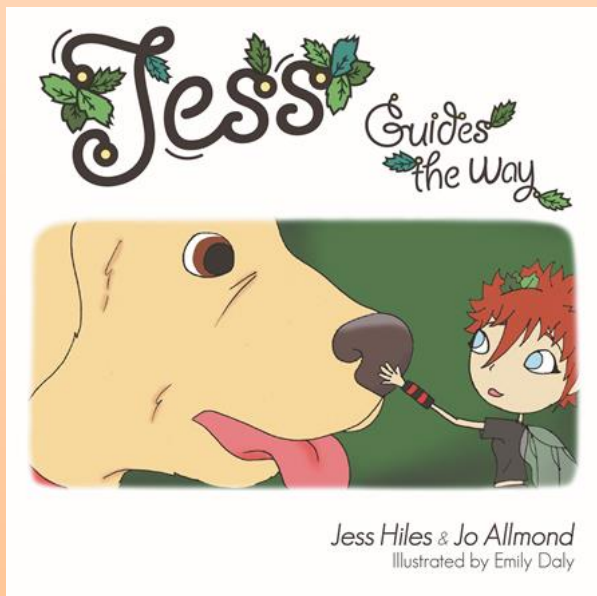


Jess Guides the Way Book Review by Jess in Worcester



I cannot believe that we have written 4 books and feel so proud. I like writing my books with my mum and love taking them to schools and groups to talk about them and me.

Our new book is about sight as I lost sight in my right eye a few years ago and it was hard for a while. In the story Jess the Goth Fairy helps grandad who is blind and has fallen over and banged his head. Jess and her friends help his guide dog Rosie find grandad's family.



In the book there are some old friends and new ones, there is Catherine a mole and two robins called Ian and Vincent. We have dedicated the book to our friends Richard and his guide dog Rosie who helped us by sponsoring our first book.



Hobbies and Interests



Jess Guides the Way Book Review by Jess in Worcester Continued...



We did some book signings one at Ironbridge with our good friend called Meg who has a lovely bookshop then one at Waterstones in Redditch.

That was great because some of my friends came to see me and Emily who is the lady who does the artwork for my books.



We hope you like our book 'Jess Guides the Way' which is book number 4 which I've written. We hope there will be more books to come and mum says 'I have had some good ideas for the next one'.

You can find my book to buy on Amazon UK, and just type in the amazon search space 'Jess Guides the Way.'



Our Trip to the Snowdome at the Xscape in Milton Keynes



We all enjoyed our trip to the snowdome we went on sledges and had a whale of a time on the snow inside.

It was cold we had to wear our gloves, woolly hats and coats.





Our Trip to the Snowdome at the Xscape in Milton Keynes Continued...





Interviews Jen Blackwell & Donna Harrison from DanceSyndrome



The Mag: How long has DanceSyndrome been going?

Jen: Since 2009 it has been going for 11 years



The Mag: What is DanceSyndrome?

Jen: DanceSyndrome was my dream to set up a dance company as there isn't many dance companies for people like me with Down's syndrome.



The Mag: Jenny what is your role at DanceSyndrome?

Jen: I am the founder and Creative Director and I wanted to follow my dream of being a dancer and dance leader, so I set up this dance company in my bedroom with the help of my mum.



Interviews Jen Blackwell & Donna Harrison from DanceSyndrome Continued...



The Mag: Donna what do you do at DanceSyndrome?

Donna: I support Jenny with running classes and putting on events but she takes the lead.



The Mag: Thanks for letting us interview you both at The Inspiring Leaders 2019 conference.

The Mag: for more information go to <https://dancesyndrome.co.uk/>



DanceSyndrome
Dancer Led, Disability Inspired

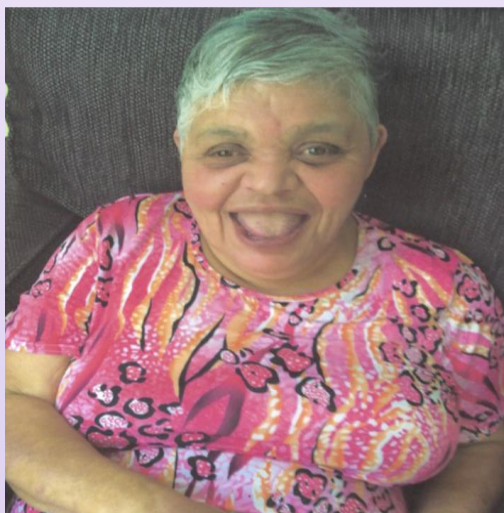


Remembering a Special Lady

Joan (1952 – 2019)



To everyone who knew Joan



Joan was supported by MacIntyre for many years before sadly passing away in May of this year.

Joan's friends and dedicated staff team from Oakwood have raised money and together have purchased a bench to be placed in her memory.

The bench is located on New Brighton promenade, Wirral, a place Joan loved to visit so if you are ever there, please take a seat, say hello and take a moment to remember her.



With special thanks from Joan's friends who raised the funds and all those who donated, and those who couldn't make the photo.



MacIntyre Children's Home Wingrave



We would like to tell you about some of the things we have been doing over the summer and autumn weeks.

We have been having some fun and trying new activities in our spare time

I am Maddy. I discovered that I really enjoy thrill seeking and I went to Wicksteed Park, Chessington World of Adventures and Lego Land, I do not always need somebody by my side to enjoy the rides. You can see me here 'going it alone' The summer was an exciting time for me.





MacIntyre Children's Homes Wingrave



Halloween proved to be a SCREAM! When this mystery young person modelled Frankenstein and Sam decided to become a 'look alike'.

Great fun was had by all at the Halloween party with pumpkin carving and dressing up. Zoe just loves her cats!



Sam, Keyshawn and Jake

We all loved interacting with the animals with Lynn and we will be looking at how to keep our very own pets in the future.





Roadshow 2019





Holidays and Day Trips



Charnwood Forest Alpacas



In July Anna and Carol went to "Charnwood Forest Alpacas" at Ashby De La Zouch.

We had a fantastic time learning all about the alpacas, what they like to eat and how to cut their hair. We even got to touch their feet and found out that they are really soft. After that we took two alpacas for a walk through the woods, Anna`s alpaca was called "Talk the Talk" and Carol`s was called "Cucumber".



The alpacas were only a year old and were very greedy. It was a lovely hot sunny day and ideal for a lovely wander through the trees. Once we had returned back to the farm we let the alpacas go into the fields so that they could run round with their friends and went to have afternoon tea in the "Chilli Bean Café".





Afternoon Tea in Chester



Kereyn moved into her new house and it became clear that Kereyn liked a lot of the same things that Alison also likes. We invited Kereyn for afternoon tea, as both like cake, to Alison's house as she had not been before and could meet the people who live there.



We enjoyed a coffee in the lounge together and watched a film while we got to know each other. We got on well and Kereyn said Alison was my friend. Laughing and smiling at Kereyn and maintain eye contact.

We had afternoon tea and even had pink lemonade. We enjoyed all the food especially the cakes. We got a wide selection of food as we were not sure what foods Kereyn did like.



Holidays and Day Trips



Afternoon Tea in Chester Continued...



Afterwards we were going to sit in the garden but unfortunately it was a bit cold so we sat in the lounge together.



When it was time to go Alison took Kereyn's hand and walked with her to the door. Kereyn said she had enjoyed herself and had liked spending time with Alison. Alison and Kereyn are looking forward to arranging another meet up very soon.



The Sights of the Capital



I love going to London.

I was supported to go on an open top bus around London. We got off and had lunch at a pub called Shakespeare. I loved seeing all the sights in the capital.





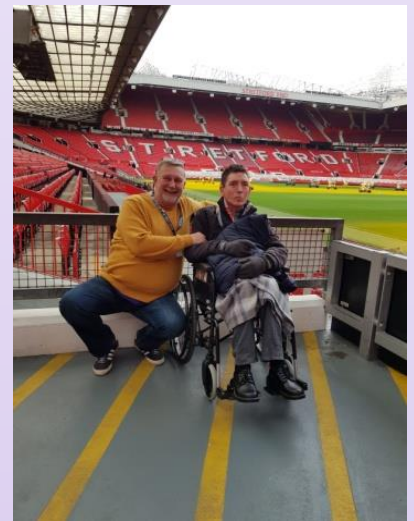
Holidays and Day Trips



Manchester United Tour by Graham in Warrington



I loved every minute going round old Trafford with Graham we are both Man United fans.



I have supported my team since I was little it made me feel great and happy.



Holidays and Day Trips



My Day at Coventry by Jay in Milton Keynes



Me and Craig went to the car museum in Coventry. We left Milton Keynes at 9.30am. We travelled along the M1 Motorway to get there. When we reached Coventry, we had to find somewhere to park. We looked around the museum. I liked the wartime black out display. The explosions made me jump.



My favourite car was the Jaguar Supercar. I also liked the rocket cars. They were huge! We stopped to have lunch and a drink at McDonald's. We also had a look around Coventry Cathedral. What an interesting day! Although the weather was awful!



Holidays and Day Trips



Our Grand Holiday to Butlins in Minehead 2019

By Patty and Celia and Jo



On Wednesday, we visited the Axe Valley Wildlife Park where we saw animals such as a crocodiles, monkeys and turtles.



As it was our last full day of adventures on Thursday, we really wanted to push the boat out. We had a great day of visiting funfairs, and going to the beach, where as you can see, Jo got up to perform some magic tricks with her glamorous assistant Kate



We had a really fun time each and every day. We are looking forward to going back soon





Holidays and Day Trips

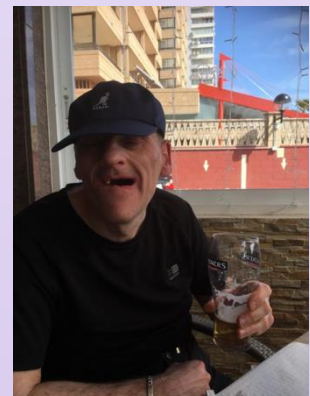


Mark and Richard's Holiday to Benidorm from Warrington



We had to get up really early to catch a plane! We were up at 1am as we were being picked up by the minibus at 2.15 am. We were all very excited as the minibus arrived. We had a great drive to the airport. The flight was quite short and before we knew it, we were landing safely at Alicante airport just after 9.00am.

When we arrived at our apartments, we quickly unpacked our cases before going for a walk along the beach front in the sunshine. We stopped at a restaurant and got some lunch.



We had a great time. We met some nice people and made some new friends. We had great food and good time chatting and enjoying the sun. It was a really nice place to explore.

We went walking and on one occasion on the way back our amazing tour guide Andrea got us temporarily lost!! We were soon back on track and found our way back.



What a lovely holiday



Space Centre by Fred in Milton Keynes



We all went to the space station with Julie and Paul. We had a lovely time looking at all the space crafts



My favourite was the film we watched at the end. It was a great day



Our Vegetable Patch By Richard, Martin and Colin in Shrewsbury



This spring we were very kindly given by Richard's uncle the wood, nuts and bolts to build some raised beds in the garden.

We all went out to buy different veg and flowers that we liked and helped to plant the seeds or bulbs. Then we had to wait, checking regularly to see green shots coming up.



We also entered a challenge set by another house in the Shropshire area to see who could grow the tallest sunflower and the largest pumpkin. 'Game on' we thought and set about ensuring we did a good job!

We had a bumper crop of veg to eat and share with our families. Our new potatoes were especially good with butter melting into them, yum yum.





Butternut Squash and Bacon Soup by Iain in Milton Keynes



Iain Making Soup



Iain chopping the onions



Iain added butternut squash



Iain added the bacon to his soup

You will find the recipe on the next page



Butternut Squash Soup



To make butternut squash soup you will need



- a pan



- a hand blender



- a sharp knife

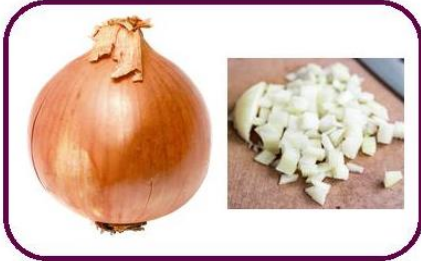


- a wooden spoon





Food and Drink



- 1 chopped onion



- Fry light



- 1 medium cut up butternut squash



- 1 pint of stock made with stock cubes



Food and Drink



Put a few sprays of fry light into the pan with the chopped onion



Fry the onions until they are a bit brown

Use the wooden spoon to stir them



Add the vegetable stock to the pan



Add the chopped butternut squash to the pan



Simmer until the butternut squash is soft



Use the hand blender to blend until smooth

Serve and enjoy



Artwork



ROBIN BROWN



ANGELA PARKER



SHERRY BEHERRALL
GEMMA GREEN
MATTHEW MARDELL
REBECCA NORRIS
CHRISSE SETCH



JACKIE BAKER



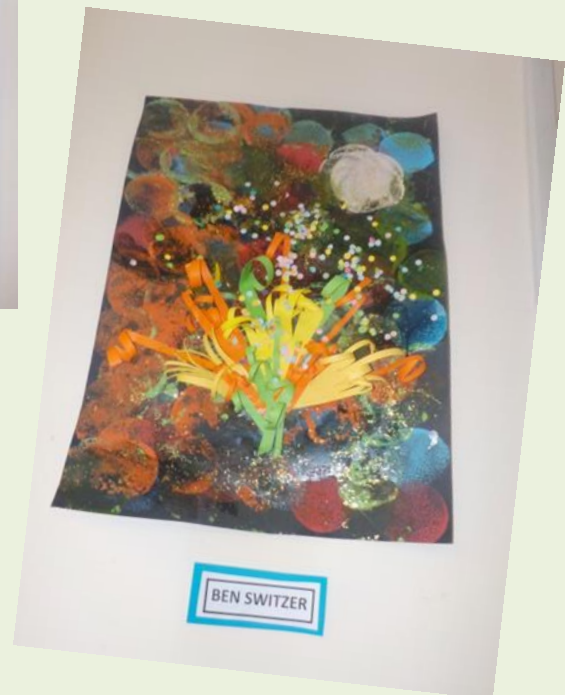
STUART WILLIAMS
GEMMA GREEN
STEVIE BOLAS



MATTHEW MARDELL



Artwork





Winter Competition

Winter Word Search

c	h	r	i	s	t	m	a	s	l	t	r	f	d	a	z
g	r	e	e	n	m	f	r	a	o	n	m	i	k	g	r
y	e	l	l	o	w	b	n	o	a	e	d	c	e	d	a
n	m	k	i	e	d	c	b	o	o	t	s	b	l	u	e
s	g	h	n	i	j	e	a	s	n	m	i	k	e	d	c
c	a	v	b	l	a	c	k	r	o	n	m	p	q	s	a
a	g	n	y	c	e	q	s	w	e	u	a	z	f	k	l
r	c	h	r	t	o	s	a	m	a	s	p	e	t	a	a
f	m	u	j	k	e	l	a	r	e	d	f	a	z	t	i
p	i	n	k	m	e	d	d	a	v	b	r	a	l	i	n
a	g	l	o	v	e	s	b	l	u	e	e	g	f	n	o
f	v	b	p	u	r	p	l	e	h	n	e	z	s	g	i
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v	b	y	h	f	e	f	r	g	r	e	i	n	m	e	f
p	e	f	v	b	r	o	w	n	d	i	n	z	a	q	l
i	c	e	n	m	e	f	c	d	e	w	g	a	l	p	e
d	v	g	e	g	r	e	y	n	m	w	h	i	t	e	a
z	x	s	d	f	p	c	o	a	t	y	e	s	h	a	t

cold

snow

ice

freezing

Bonus:

Find 9
Colours

Christmas

soup

skating

coat

scarf

gloves

boots

hat



Please send your entries into The Mag at the address on next page.



Competition



Autumn pumpkin Colouring Competition Winners



Mark A from Milton Keynes



Ian F from Milton Keynes



**Here is your
free signing
DVD**



MacIntyre
Providing support...your way



**My Story
for The Mag**



The Mag
MacIntyre
602 South Seventh
Street
Milton Keynes
MK9 2JA



Telephone: 01908 230100
Email: themag@macintyrecharity.org
Registered Charity Number: 250840



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