



My plan for after I die

	Put your ph	oto here
Name	My name	
M T W T F S 1 2 3 1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Date of Birth	
5 6 7 1 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Date I finished filling in this plan	
	I did this plan with	
Plan 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 2 3 2 2 2 3 2 2 3	We will check this plan again on	
CONFIDENTIAL	me like family and sta	ed with people who support ff and health professionals what I want and can follow

Contents

My Plan for after I die



 Religion and faith and beliefs and wishes

Page 4



Thinking about -Being buried

Page 7



Thinking about -Being cremated

Page 8



Thinking about My funeral service
 Page 15



Thinking about People remembering me
 Page 23



Thinking about -A will

Page 24



I do **not** have a will

Page 26



Thinking about My technology

Page 27



Thinking about Organ donation when I
 die
 Page 29





Sharing my information

Page 32





 What needs to happen next

Page 36



Religion and faith and beliefs and wishes



Do you have a religion



If the answer is no then skip to page 6



My religion is





My priest or vicar or religious leader is





Phone number





Address





My faith or beliefs or culture mean

I have important things that must happen when I die





These are things like

- opening a window
- a priest being with me when I die
- being buried within 2 days of dying



If yes

write the important things in the box below





You can say what is important to you when you are dying



Maybe things you want near you like

- your favourite things
- fresh bedding and pyjamas
- flowers
- favourite music
- photos

Write your important things here







Thinking about Being buried



This is what happens when you are being buried



Your body goes in a coffin



Your friends and family go to the graveyard
People will talk about your life



The coffin then goes into the ground



And then a grave stone or name is usually put on top
This may happen later



Thinking about Being cremated



This is what happens when you are cremated



Your body goes in a coffin



Your friends and family go to the crematorium

People will talk about your life



And then your body is burnt in fire The ash is put in a pot



You can choose where you want your pot of ash to go



The ash can be put in a special place This is called scattering the ashes



The pot can be buried

This does **not** have to be in a graveyard



You can still have a grave stone or name plate



What do you want to happen to your body after you die



Do you want your body to be buried

▲ Yes	₩ No

If you have chosen Yes to being buried go to pages 11 and 12



Do you want your body to be cremated

Yes	₩ No

If you have chosen Yes to being cremated go to page 13



Do you want something else to happen to your body



If you have chosen **Yes** to something else go to page 14



I would like support to find out more about this before I make a choice

Yes	₩ No



Being buried



I need to buy a place to be buried

Yes	No No



I want to be buried at





I already have my own place to be buried

Yes	No

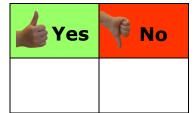


This place is at





I can be buried in my family grave





My family grave is at

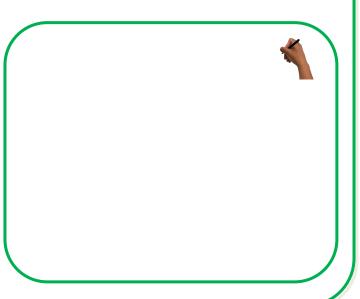




I want special things put in my coffin



The special things I want are





I want to have a grave stone where I am buried





I want a name plate where I am buried





St. Living Memory Of
Steve Knight
1886 - 2014
Always In Our Hearts

I want this name and these words on my grave stone or name plate





Being cremated



I want my ashes buried





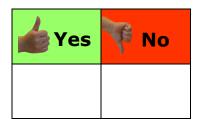


I want my ashes buried at





I want a name plate where my ashes are buried





I would like my ashes scattered







I want my ashes scattered at





I want something else to happen to my body



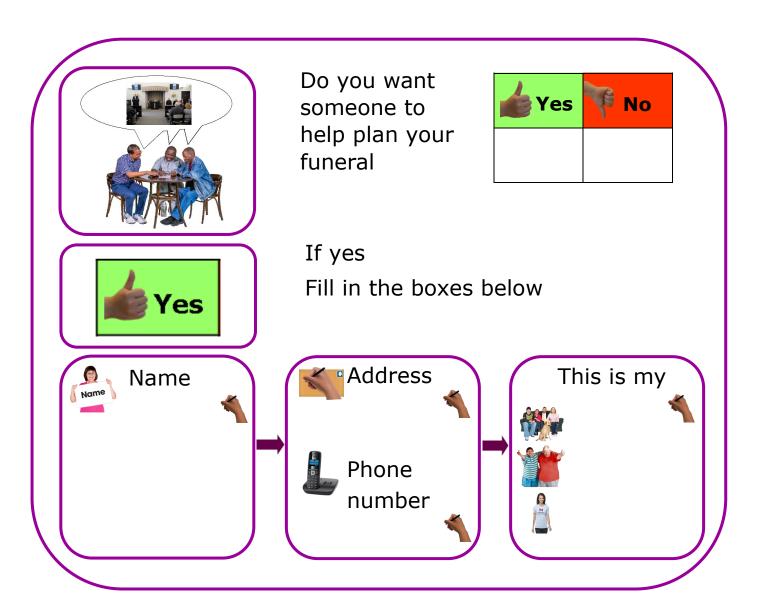




Thinking about - My funeral service



This is when friends and family say goodbye to the person who has died



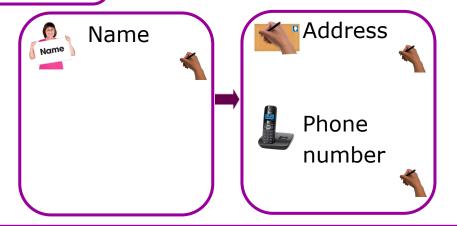


Do you want a funeral director to organise your funeral





If yes Fill in the boxes below





Do you have a Funeral Plan





If yes Fill in the boxes below



The company which has my Funeral Plan is



008563XJTR

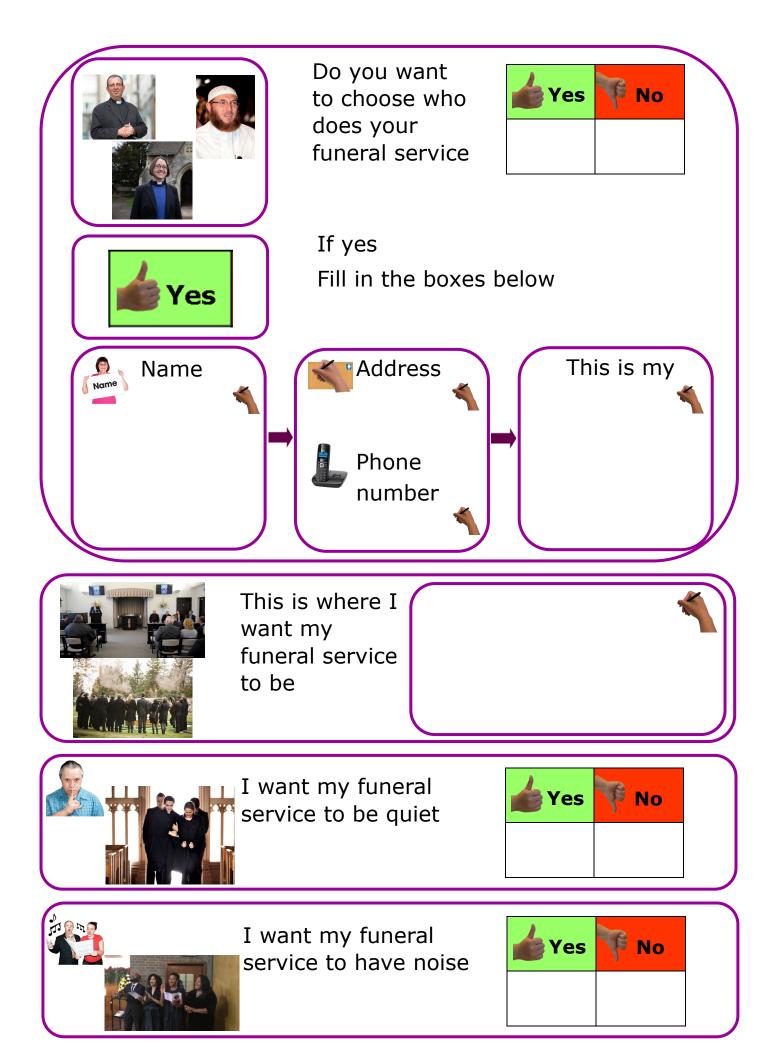
The Policy Number is



Their phone number is



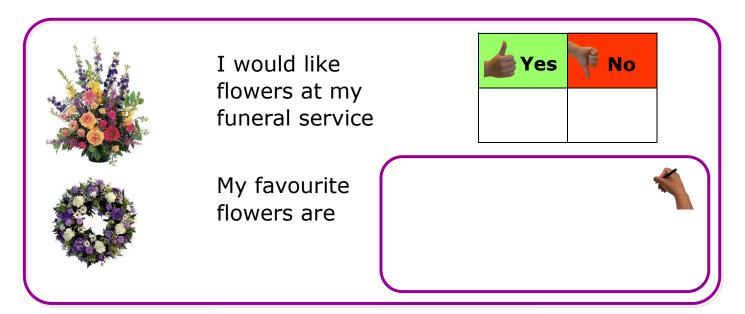








Some people like flowers to be sent to their family and some people like money to be given to charity







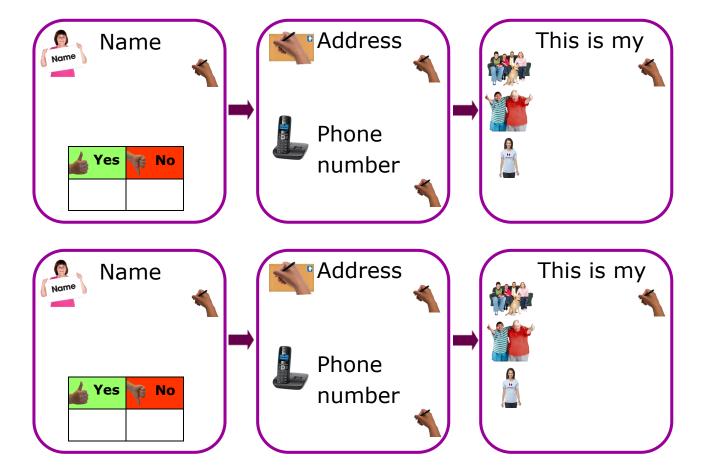
You may want people to talk about you and your life at your funeral service

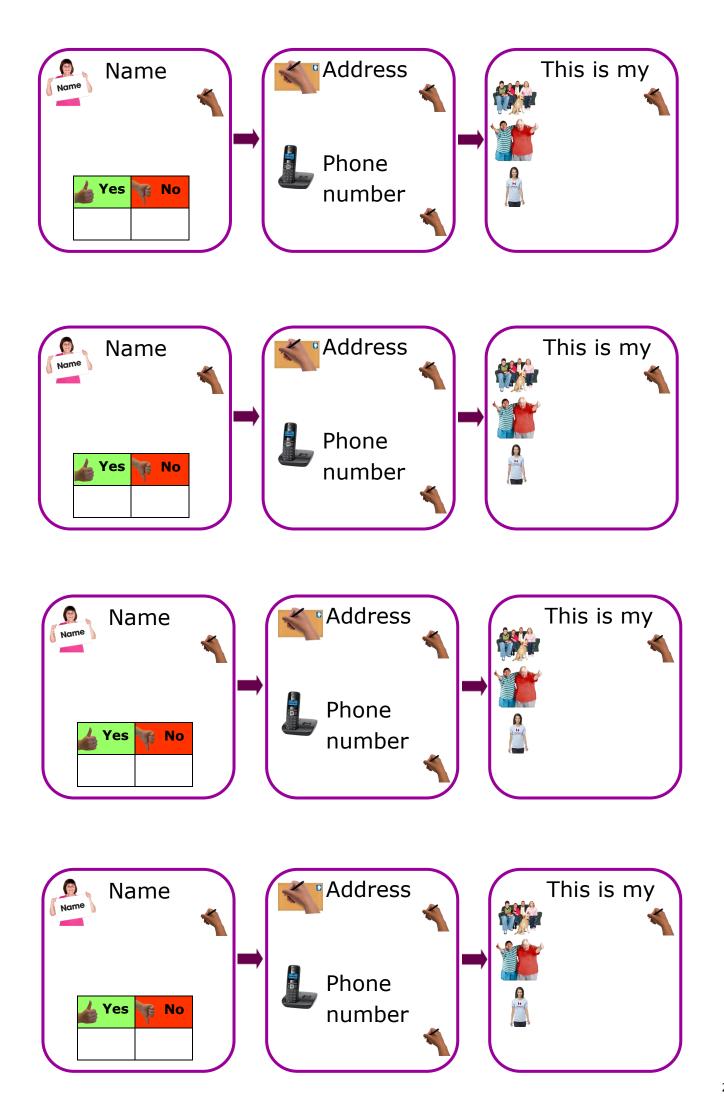


You may have people that you **do not** want to talk about you and your life at your funeral service



Tick **Yes** or **No** for people in the boxes below







Do you want music at your funeral service

Yes	No No



If yes

write the music you want played or sung at your funeral service





Do you want something read at your funeral service

Yes	No No



If yes

write what you would like read at your funeral service





Thinking about - People remembering me





I want something to be done so people remember me

Yes	No



I want a tree planted by my friends and family





I want my name on a bench

Yes	No



I want something else so people remember me





What more do I need to know to make this decision





Thinking about - A will



A will is legal paperwork
This means what it says must be done
It tells everyone what you want to
happen after you die



You can choose what you want to happen

- to your body
- to your things



You can choose a person to make sure things happen the way you want them to

This person is called the Executor of the will



Your will must be written in a special way

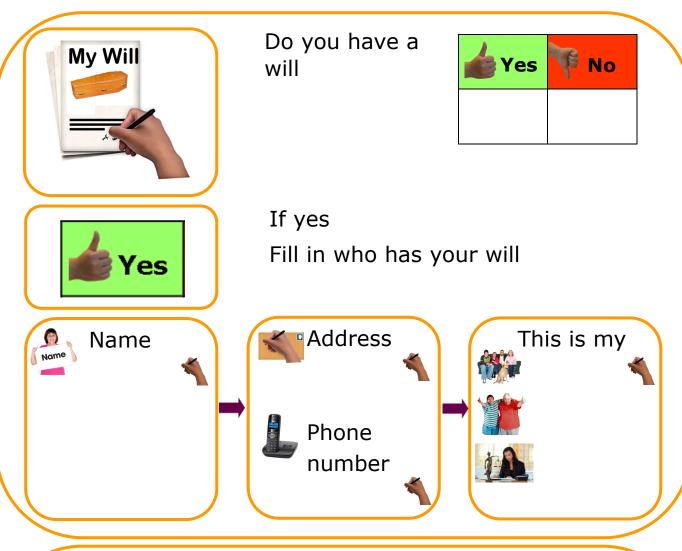
It must be written properly because it is a legal document

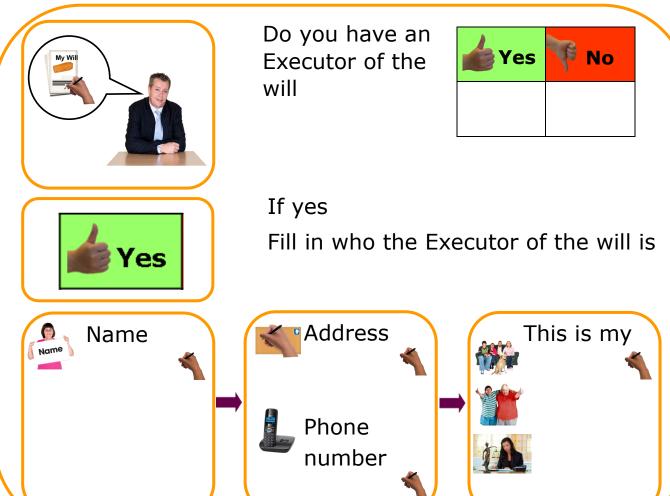


Your will must be witnessed

This means someone must watch you sign your will

They must then sign it too





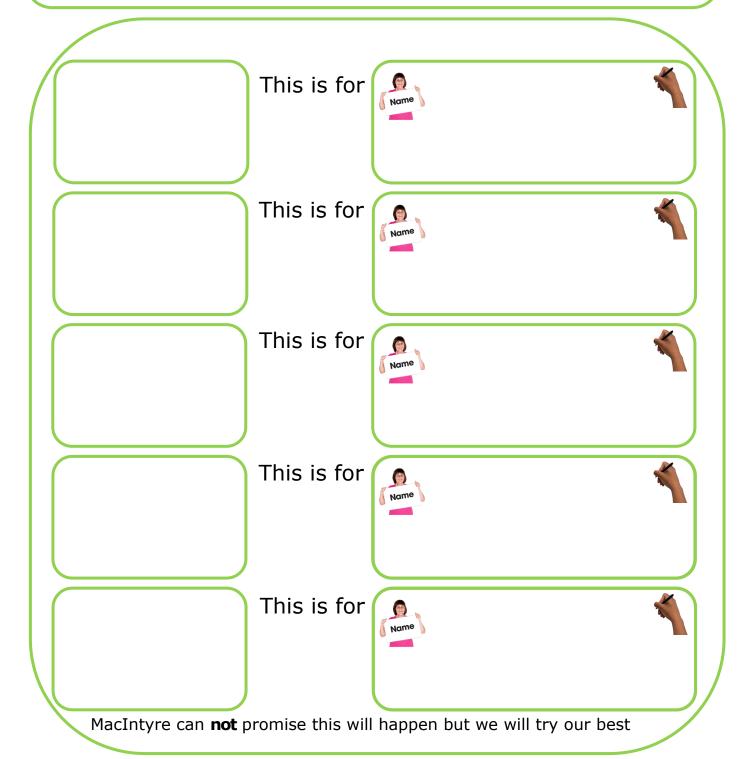


I do not have a will



I have decided who will get my things when I die







Thinking about - My technology



Lots of people use technology like

- phones
- computers
- iPads



Lots of people have things like

- photos and videos
- stories
- games

on their technology



Lots of people use things like

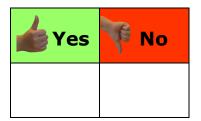
- Facebook
- Twitter
- Snap Chat
- TikTok



You can choose a person to sort these out when you die

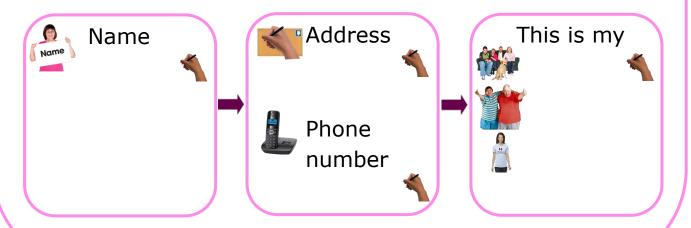


Do you want someone to sort out your technology when you die





If yes Fill in the boxes below



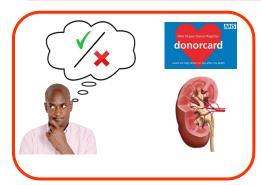


Where will this person find your passwords and codes



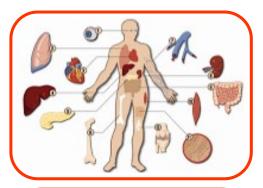


Thinking about - Organ donation when I die



You can choose to be an organ donor when you die

The law has now changed and you need to let the NHS know if you do **not** want to donate your organs



An organ is part of your body like the

- kidneys
- heart



Donation is giving somebody something for free



Organ donation means when you die your organs can be given to people that need them because they are very ill



You can choose if you want to do this

There is no right or wrong choice It is up to you



If you do **not** want to be an organ donor then you must tell everyone



online



by phone



at your doctors



I have chosen to be an organ donor

Yes	No.	No	Not sure



I would like support to find out more about this before I choose

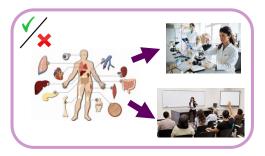
Yes	No



Thinking about— Helping science when I die



You can choose to help other people in different ways when you die



You can choose to leave your body or parts of your body

- to science
- for learning



This means scientists can use your body when you die for

- experiments
- to teach other people



You can choose if you want to do this

There is no right or wrong choice It is up to you



I have chosen to help science

Yes	No.	No	Not sure



I would like support to find out more about this before I choose

Yes	₩ No



Sharing my information



You may want other people to have a copy of your plan like

- your family
- your doctor
- your support staff



Do other people have a copy of this plan

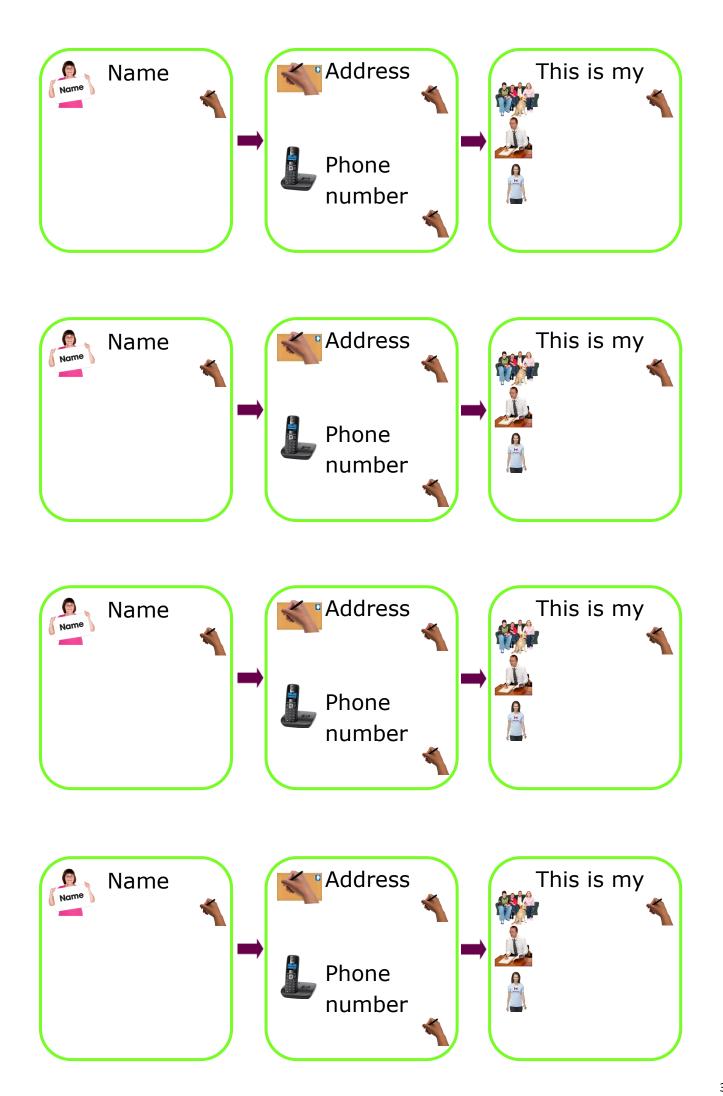




If yes

Fill in the boxes below and on the next page



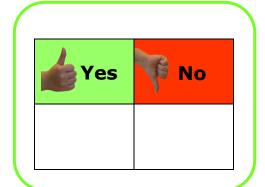




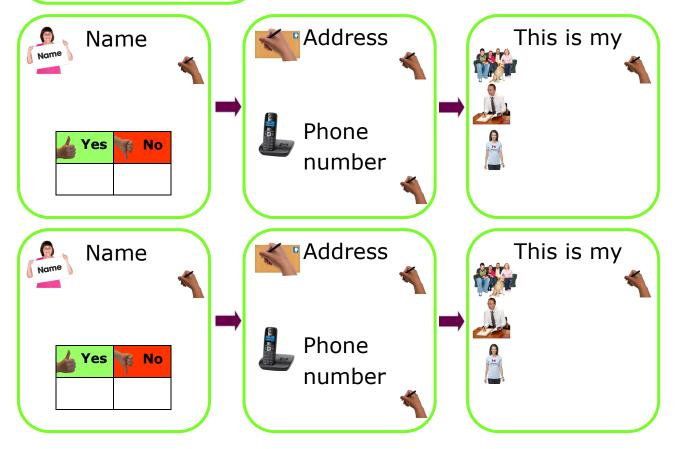
You may want other people to talk about your care or treatment

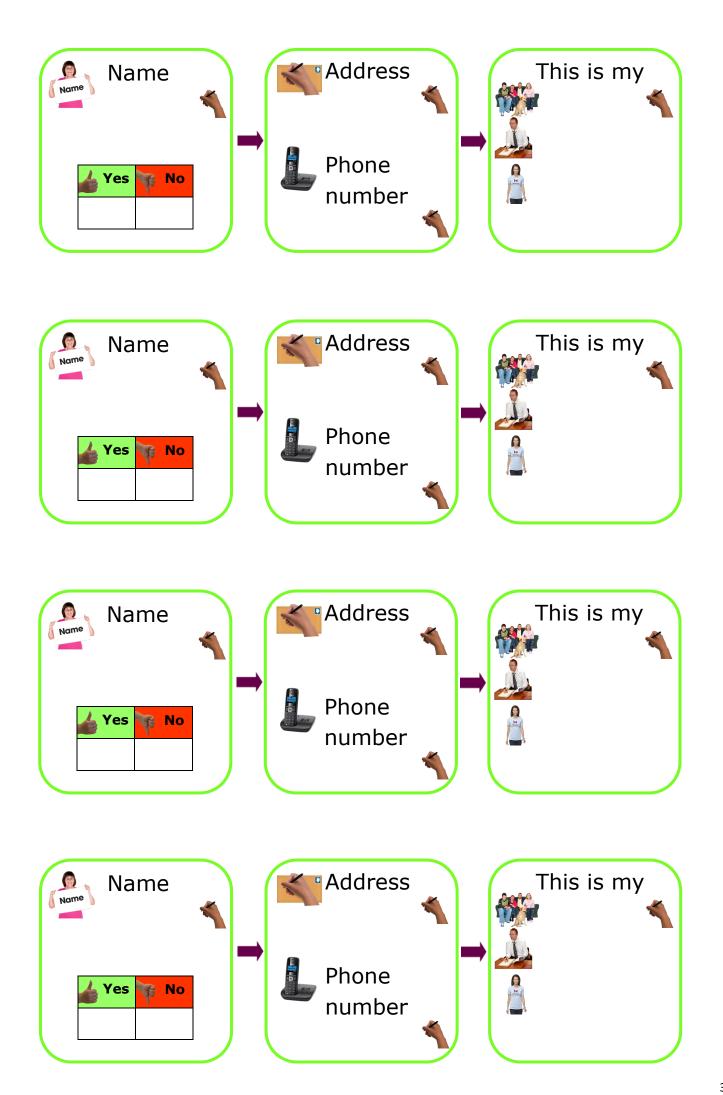


You may have people that you **do not** want to talk about your care or treatment



Tick **Yes** or **No** for people in the boxes below





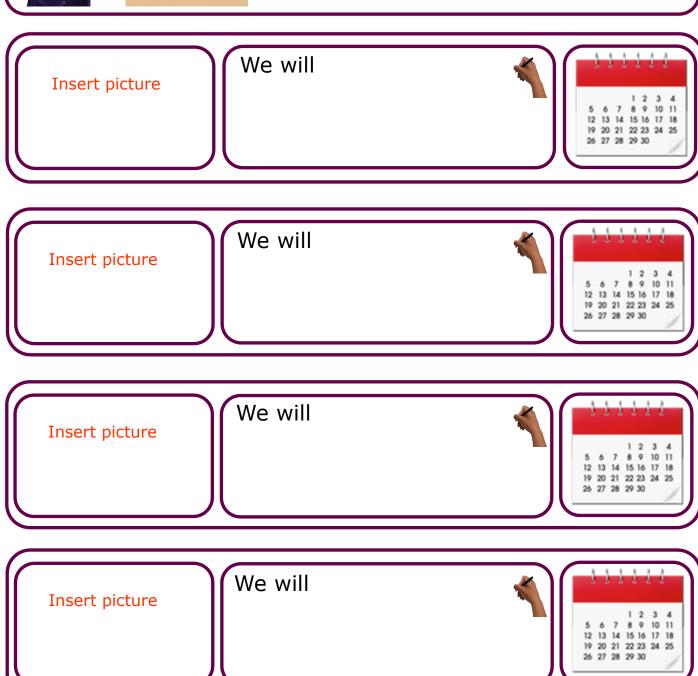


What needs to happen next





This page is for planning
What do I want to know more about
How will staff help me with this





Your name



Staff name

