



MacIntyre Providing support...your way The Mag



## Summer 2022 ↓





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A magazine for and by people who use MacIntyre's services









#### The Mag Group



Sui-Ling



Sharon





Mary

## Welcome to the Summer 2022 issue of The Mag.

We all hope you are finding ways to keep cool out there and those of you that are on your holidays are having a great time.

This issue is full of stories about what people have been up too during the summer months including Jubilee celebrations, Birthday Parties, Bike Rides, Boat trips and much, much more.

The Mag Group



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Here is an idea to keep cool if you are feeling too hot this summer! Mark and Kevin decided to get the paddling pool out and have a well deserved cool down at The Cherries.







In July staff and people supported by different charities across Britain came together in Manchester at the More Than A Provider conference. The idea of the day was to come together and share ideas across the organisations.

Lots of learning was done and lots of fun was had too. Iain Smith who is from MacIntyre in Milton Keynes said 'It was great to meet people from different charities and how they do things'



Tricia was the host





There was a pop up living room

The day was captured as a big drawing



There were lots of workshops to go to







MacIntyre Dance Syndrome in Manchester

The new MacIntyre Dance syndrome group did their first ever performance at the Inspiring Leaders event in Manchester on the of 29th June.

Iain, Aimee, Ian and Kirsty got everyone up and grooving to The Osmonds Crazy Horses to kick off the day and did a cool down to finish the event to the Kate Bush Classic Wuthering Heights.

Ian said 'We rocked the roof off!"











MacIntyre Milton Keynes Tombola at Newport Pagnell Carnival 2 July



Malcolm looking after the stall

On the 2 July Mary and Malcolm along with their staff Marie and Rachel had a tombola at Newport Pagnell Carnival. They did it to raise funds for activities at the Haddon's. Mary and Malcolm helped to set up, enjoyed the fun and raised awareness of what MacIntyre is all about. They raised £172 on the day! Was lovely to speak to so many people with great interest and support!



Mary strikes a pose



There were Knights



Malcolm guards the prizes







**Prom 2022 At Wingrave School** 



As you can see from these amazing pictures a great time was had by all at Wingrave's prom event. You guys really know how to party.











Day Out in Stratford Upon Avon



After Stratford Mencap visited the MacIntyre lifelong service in Milton Keynes some people supported went to Stratford Upon Avon. Keiron, Wilson, Ian and Sui Ling were treated to a picnic, bike ride, walk around Stratford and a whistle stop tour of The Shakespeare theatre.

A great day was had by all and the group felt like they had made some good new friends. Ian said 'It was nice to see the group in real life and not zoom' and Wilson said the bike ride was 'really fun'. Sui-Ling said 'It would be nice to do more work with Stratford Mencap in the future'.



Paul and Ian take a ride on a tandem tricycle.



lan was born to be wild!



Wilson catches the breeze.



# What's Happening Around MacIntyre 🚺



#### Day Out in Stratford Upon Avon



Outside the Royal Shakespeare Theatre...



...and inside the Theatre.



Everyone from MacIntyre and Stratford Mencap can't wait to meet again.







Disability Awareness Day opening ceremony Campbell Park, Milton Keynes

July the 14th was a beautiful summers day and perfect for the lanch of Milton Keynes Disability Awareness Day. Craig, Steve, Tim and Guy from the Haddons went along to celebrate and a great time was had by all.

Steve even got to meet the Mayor of Milton Keynes and showed her his own Mayor chain he made for the occasion.



Craig, Steve, Tim and Guy had a great time



Blue skies over Campbell Park



Steve and the Mayor of MK - Amanda Marlow







#### The Sui-Ling Show

My name is Sui-Ling and I'm here to tell you about my chat show. I have already made 25 episodes and interviews including MacIntyre's Chief Executive Sarah Burslem, many of the talented people supported by MacIntyre and BBC Radio Journalist Emma Barnaby.

One day I want to interview the Prime Minister. My show goes out on the first Friday of every month and can be found on MacIntyre's Facebook, Twitter and the intranet.

I am always looking for new guests for my show so if you would like to be in a future episode please contact me at:

sui-ling.tang@macintyrecharity.org













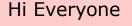


Co-Production And Working Together By Sui-Ling



CO PRODUCTIC





My name is Sui-Ling and I am part of the best practice team at MacIntyre. This is a new section of The Mag where we talk about working together.

It very important we do this at MacIntyre so everyone is listened to and has a say. Team work makes the dream work! Another word for working together is co-production and in these next few pages I will talk about what it means and how we can do it.

So here we go...









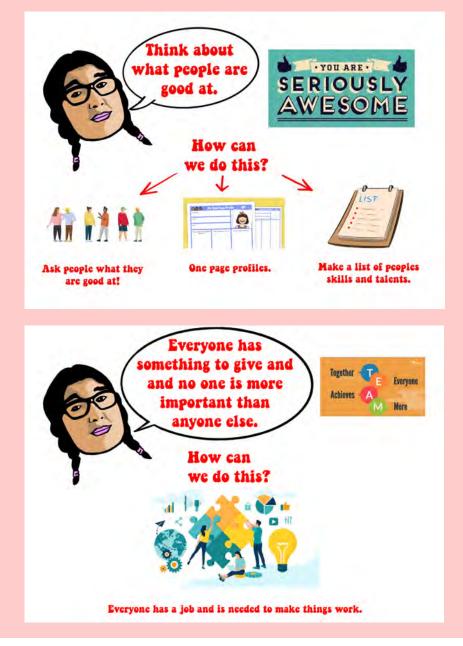
Co-Production And Working Together By Sui-Ling





I was part of a group that created The Co-Production standards. They are a set of ideas that help people to work together better.

Here are the first two





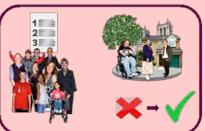




What is Co-Production By The Checkers













- Co-production is everyone working together
- Everyone can help make all services and their local area better
- Everyone should be listened to

Nobody should be left out

Everyone should get a better life









Co-Production And Working Together By Sui-Ling





Here is the next two things you will need to think about









Co-Production And Working Together By Sui-Ling





Here is another two top tips that will help you get people working together











Co-Production And Working Together By Sui-Ling





And finally one of the most important standards on the list



So there we go. I hope you have enjoyed this look at how we can help everyone get better at working together and you understand more about what co-production means.

We would love to hear any stories you have about working together where you live for future issues of The Mag.

Thanks for reading. Sui-Ling.





**Holidays and Day Trips** 





James trip to London To see the Lion King



James had such a great weekend in London seeing the lion king, and visiting the history museum and making great memories.



Outside Westminster Abbey



The National History Museum



Time for a Burger



What a lovely Day In the capital



**Holidays and Day Trips** 



#### John's trip to Midlands Air Museum



I really like planes so I took a trip to the Midlands Air Museum in Cosford. I saw planes that were used in World Wars One and Two and the Falklands. I also saw a Chinook Helicopter.

Admission to The Midlands Air Museum is free and a great day out for aircraft lovers.



Ready for take off



A World War 2 Bi-Plane



A Chinook helicopter



A View from the cockpit



**Holidays and Day Trips** 





Toms holiday at Emmerdale and the beach.



Tom had a fantastic time on his holiday! A special trip on the Emmerdale Tour and then a couple of days relaxing at the beach. He was very excited to share some of his favourite photos.



The famous Emmerdale sign



Outside The Woolpack



Catching the tide



Its not a holiday without crazy golf



We had great fun celebrating the Platinum Jubilee. We had our own street party in front of the children's homes which was lovely. We had sandwiches, home made cakes and biscuits and we had ice cream!

We decorated outside the houses with bunting (some of which we made ourselves) and pictures of the Queen. We were going to play 'pin the tail on the corgi' but instead we decided to play 'place the crown on the Queen", it was really good fun. We made a cardboard Queen but cut a hole where her face should be so we could put our own faces in and pretend to be the Queen!

Everyone participated in the celebrations in whatever way worked for them and we all had a wonderful weekend.



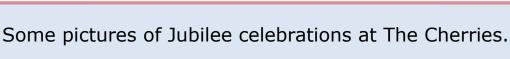


Celebrations





#### Jubilee Party At The Cherries In Flackwell Heath



Such good fun. These guys know how to party.



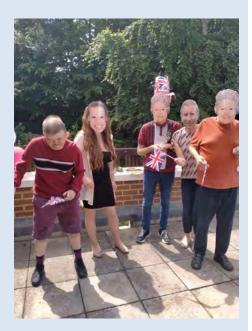
The bunting is out for the tea party.



Union Jack top hats at the ready.



It was nice of the Queen and Wills to turn up... and Charles and Camilla.



Happy Joobs Liz.



Celebrations





Pretending to be 60 Again By David McNamee in Warrington



I was 60 last year on 11<sup>th</sup> June because of Covid I could not celebrate it properly because of the restrictions.

So, this year, I pretended to be 60 again. I wanted to have a Barbeque with my family, so I was supported to go to a butcher in Frodsham, I used to go here with my family when I was a little boy, and we always had tomato sausages to eat. It was a lovely day, I bought some lovely memories for me .

I bought some sausage rolls and burgers ready for my party and of course some tomato sausages.



Picking up Tomato Sausages at the butchers. Yummy!



Birthday Balloons.



Celebrations





Pretending to be 60 Again By David McNamee in Warrington



On my birthday I got up early and started to make the table nice with my Balloons on, and the paper plates and food.

My family came to celebrate my birthday and we all a wonderful time. Oh to be 60 again.



Me and my Sister Suzanne



Party Time



A belly full of tomato sausages







Natalie's new bungalow



Just wanted to share some lovely images and a little story from our new service over in Greater Manchester, Dudley Rd opened on the 4th of April providing support for Natalie. Natalie came from a long stay hospital where she was miles away from her family.

After a transition that seemed to go on forever! Natalie finally moved into her beautiful bungalow on the 4th of April. Shem the service Manager took over the daily management of the service on the 1st of May and has been doing a fab job building his team to support Natalie in the most Person Centred way using a mixture of exciting staff and new staff.













Natalie's new bungalow



Over the weekend Shem and Staff supported Nat to celebrate the jubilee with a lovely party for her and her family.

Natalies dad was delighted to be able to attend as he now lives only 15 mins down the road, so has gone from seeing Nat 3/4 times a year to a couple of times a week.

Well done to all the team and thankyou for all your hard work over the last two months and thanks to Nat for being so fabulous





**Home and Garden** 





Our Garden. Monro in Milton Keynes.



It's the summer which is the best time to work in and enjoy your garden which is exactly what Chris, Sheree, Libby and Gary did at Monro in Milton Keynes. It makes all of us here at The Mag want to get out in the sunshine. If you have any pictures of your gardens please send them in to us.



Chris watering the plants. Libby soaking up some sun. Summertime smiles.



First Harvest of the season.



Gary chilling out in the garden.



#### **Hobbies and Interests**

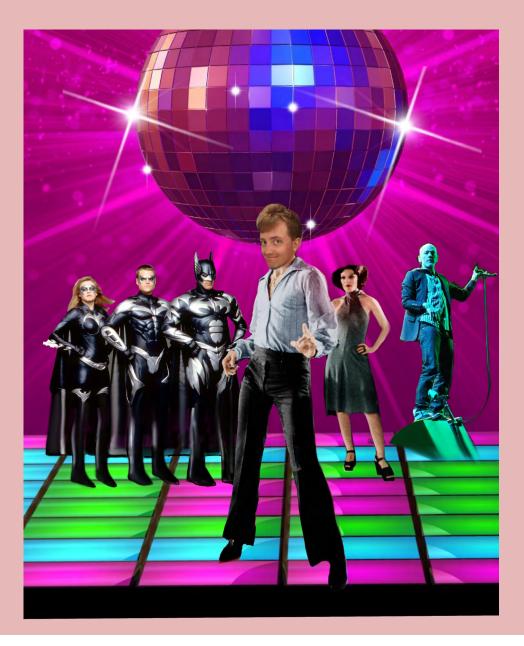




My Dreams By John Lovett From Shrewsbury



My dreams are about going to the airport to catch an aeroplane to New York to get to the ball, and a performance of R.E.M goes on and I dance with the girls and Batman, Robin and Batgirl come to see me.









Making Love Rocks In Milton Keynes



The Kindness Rocks project is when people paint pebbles and leave them for others to collect. People share photos of the rocks on Facebook groups and it is a new trend.

Maybe you would like to make some like Mary and Rachel did in Milton Keynes. After they painted them they left them in their Great Holm community for some lucky person to find.















Keryn from Milton Keynes finished two amazing art and craft projects this summer. She made a tapestry to celebrate The Queens Platinum Jubilee and a beautiful bag.

Great work Keryn!



Tapestry for Her Majesty.

Keryn's fabulous handmade bag



**Fun and Games** 









U Q E Z J Y L A V E X S T F L NO I T A C A V L G A C Y Q O Q X D C C T G T T G A K V P L Z T F U P F S U N F L O W E R H O Q Q T A C A O X A D Q H X H E A T C I I Q L T Q U C N Y B V B D Q C N A E O H A V W F F A N P D E C S M P E V L U S G A S K B C I F R B O P A W K S N V E A R P C E C G O I N O F S I S B E L J T D F M L D G U I O T W A K J A X M Q E B F A I Y S A M L F W I V N A F G I T A C E O H L N G D B Y V F T F Z C G K B G O V W N P Y C

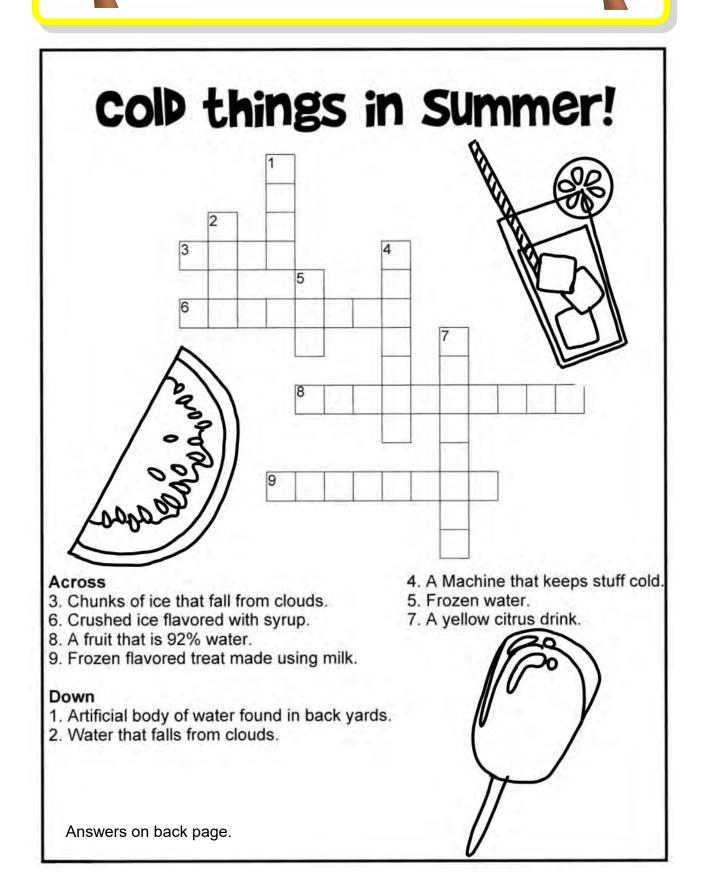
BEACH	PicNic	SANDCASTIE
BASEBALL	VACATON	HEAT
ICE CREAM	SUNFLOWER	BOATING
SWIMMING	WATERMELON	POOL



**Fun and Games** 



## Summer Crossword





Fun and Games





#### For you to Colour





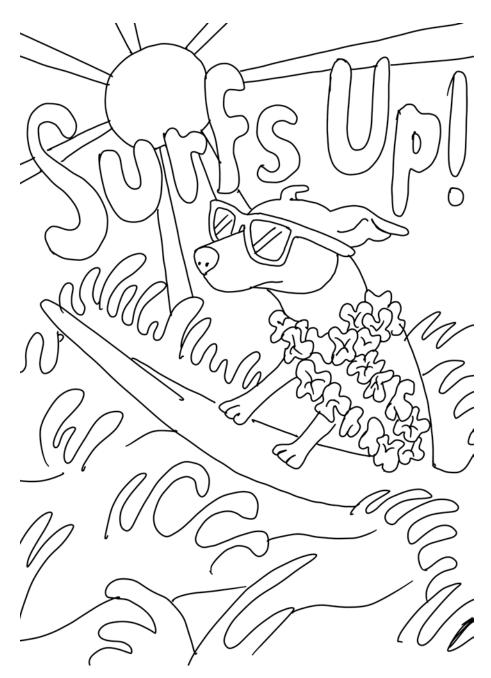


### **Summer Colouring Competition**



Our Summer Competition is for you to colour in this picture of an surfing dog and the best one gets a set of felt colouring pens.

Please put your name and contact detail on your entry and send it to Paul Payne at the mag





Please email entries to themag@macintyrecharity.org

